

# Necesidades no cubiertas. ¿Lo tenemos todo bajo control?

15/11/2023

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- **ETIOPATOGENIA Y MANIFESTACIONES CLINICAS**
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- **COMITÉ MULTISCIPLINAR**
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# Etiopatogenia

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**Review Series**

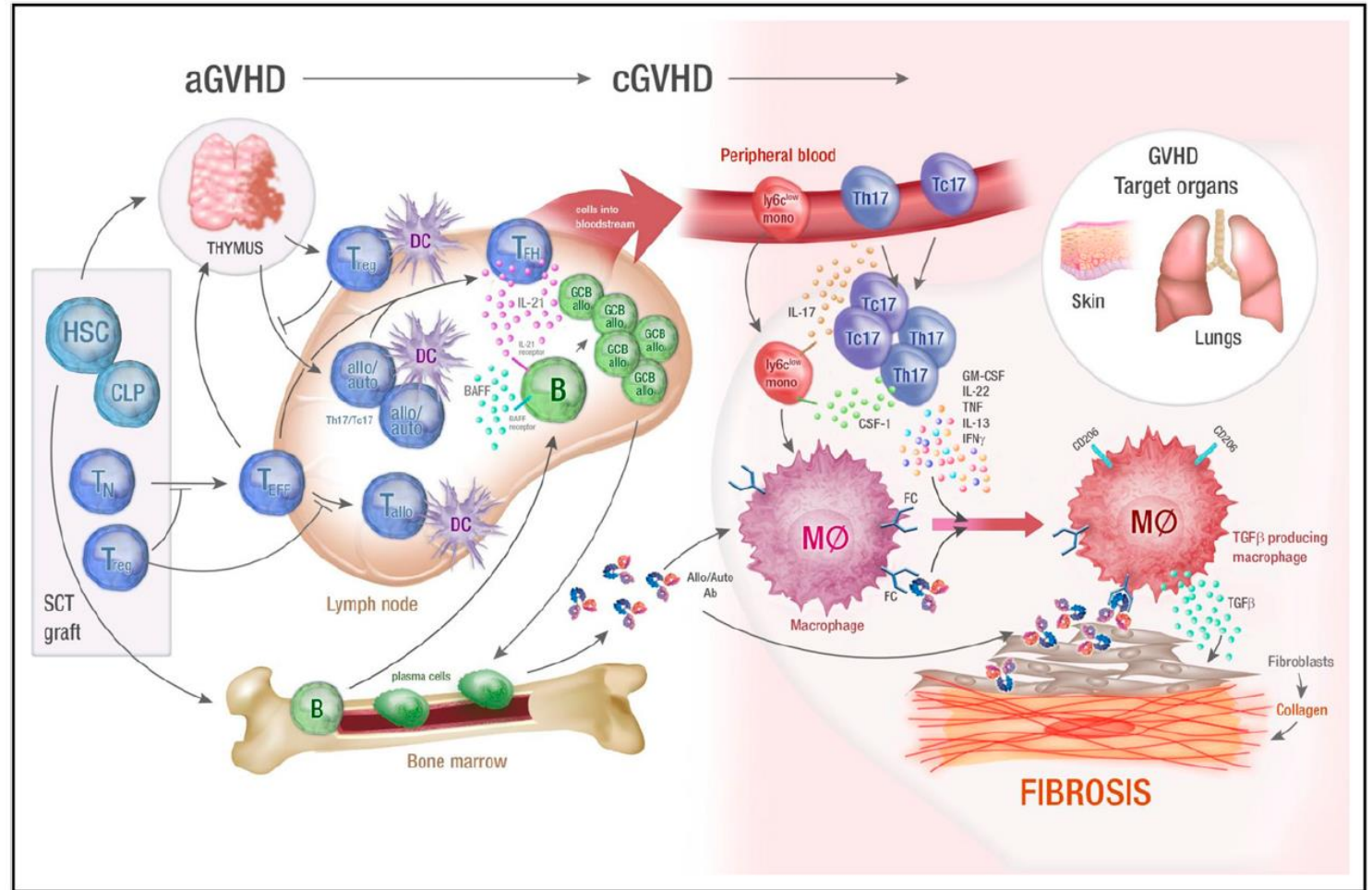
**CHRONIC GRAFT-VERSUS-HOST DISEASE**

**Chronic graft-versus-host disease: biological insights from preclinical and clinical studies**

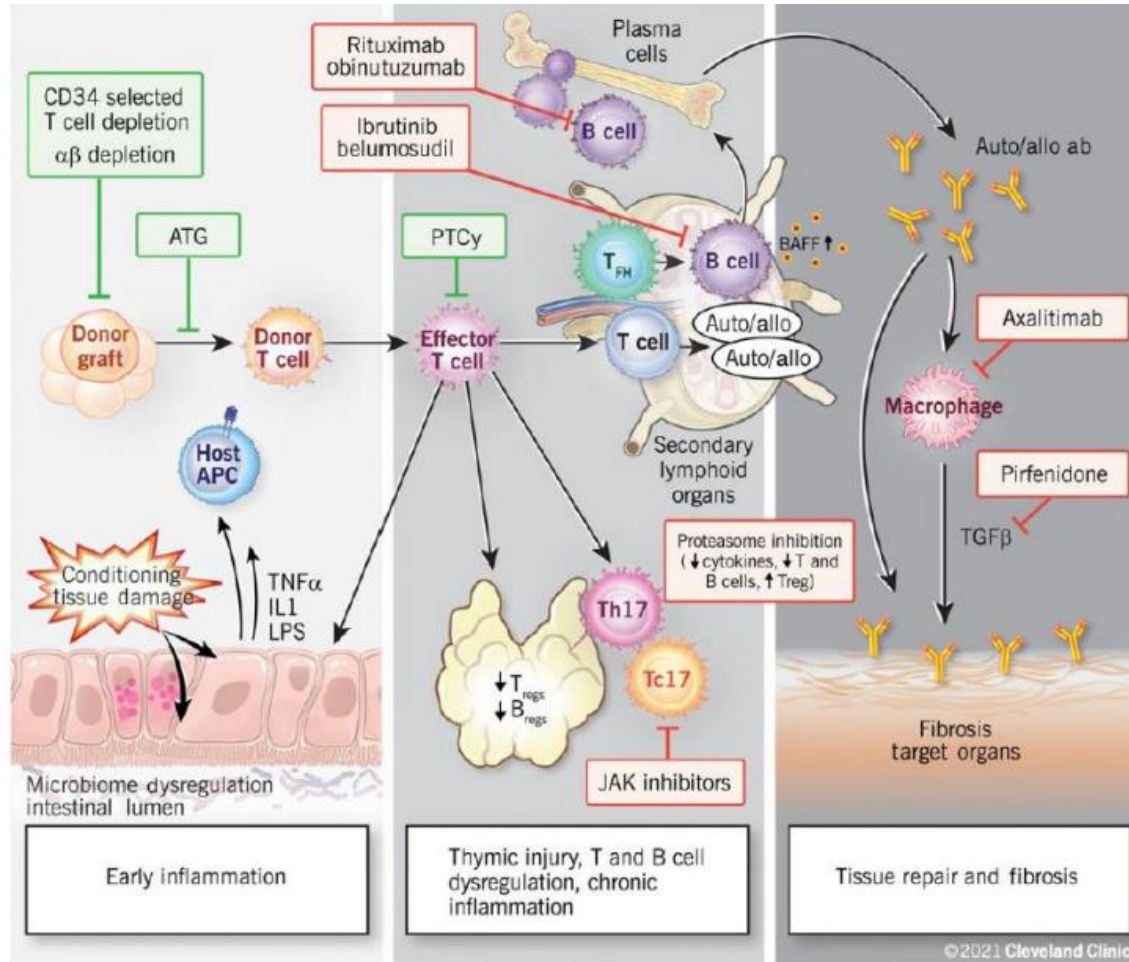
Kelli P. A. MacDonald,<sup>1</sup> Geoffrey R. Hill,<sup>2,3,\*</sup> and Bruce R. Blazar<sup>1,\*</sup>

<sup>1</sup>The Antigen Presentation and Immunoregulation Laboratory and <sup>2</sup>Bone Marrow Transplantation Laboratory, QIMR Berghofer Medical Research Institute, Brisbane, Australia; <sup>3</sup>The Royal Brisbane and Women's Hospital, Brisbane, Australia; and <sup>4</sup>Masonic Cancer Center and the Division of Blood and Transplantation, Department of Pediatrics, University of Minnesota, Minneapolis, MN

With the increasing use of mismatched, unrelated, and granulocyte colony-stimulating factor–mobilized peripheral blood stem cell donor grafts and successful treatment of older recipients, chronic graft-versus-host disease (cGVHD) has emerged as the major cause of nonrelapse mortality and morbidity. cGVHD is characterized by lichenoid changes and fibrosis that affects a multitude of tissues, combination of mouse models and correlative clinical studies, has radically improved. We now understand that cGVHD is initiated by naive T cells, differentiating predominantly within highly inflammatory T-helper 17/T-cytotoxic 17 and T-follicular helper paradigms with consequent thymic damage and impaired donor antigen presentation in the periphery. This leads to aberrant T- and B-cell activation, and can, in concert with colony-stimulating factor 1 (CSF-1)-dependent dendritic cells, induce a transformi factor  $\beta$ –high environment local target tissue that results in sic and bronchiolitis obliterans, features of cGVHD. These findings yielded a raft of potential new treatments, centered on naive T-cell interleukin 17/21 inhibition, lin



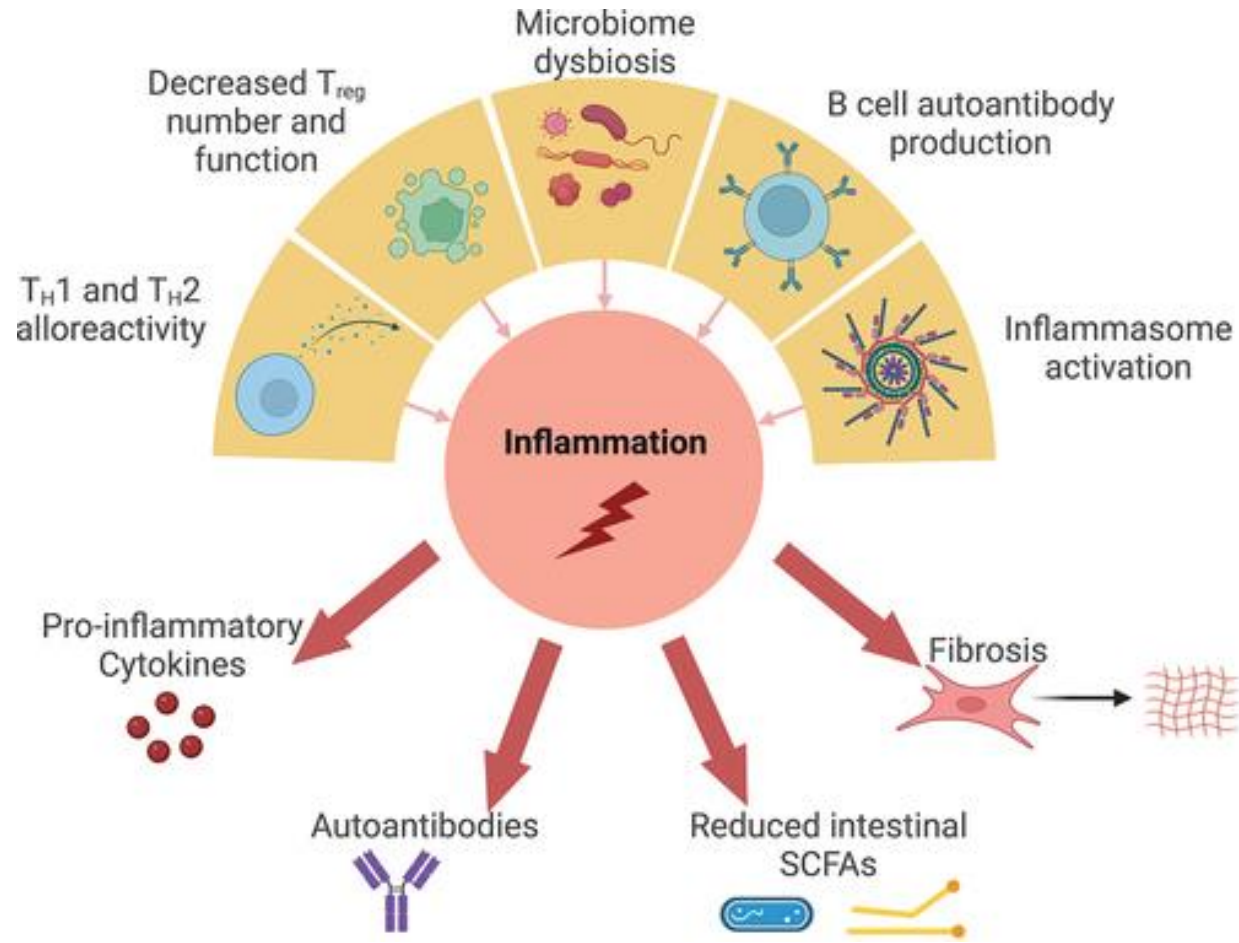
# Etiopatogenia



**Figure 1. Proposed biologic phases of chronic GVHD.** A few novel therapeutic approaches targeting biologic pathways are highlighted. Reproduced with permission from the Cleveland Clinic Center for Medical Art and Photography.

Hamilton BK, Hematology Am Soc Hematol Educ Program. 2021 Dec 10;2021(1):648-654

# Etiopatogenia



Effects of immune system cells in GvHD and corresponding therapeutic strategies Maryam Jadid Tavaf, Mahboobeh Ebrahimi Verkiani, Fateme Poorhoseini Hanzaii, Mina Soufi Zomorrod. <https://doi.org/10.5045/br.2023.2022192> Blood Res 2023;58:2-12.

# Manifestaciones clínicas

- PIEL.
- BOCA.
- GENITALES.
- GI.
- PULMÓN.
- MUSCULOESQUELÉTICO:
  - Fascitis.
  - Miositis.

Category	Number of Organs	Maximum Severity
Mild	≤2	1 (0 for lung)
Moderate (a)	≥3	1 (0 for lung)
Moderate (b)	Any	2 (1 for lung)
Severe	Any	3 (2 for lung)

## Guía EICR GETH 2022

1. Filipovich. *Biol Blood Marrow Transplant.* 2005;11:945. 2. Jagasia. *Biol Blood Marrow Transplant.* 2015;21:389.

# Manifestaciones clínicas

Estado	Piel (solo el eritema activo)	Hígado	GI alto	GI bajo
0	No	<2 mg/dL	No síntomas Náuseas/vómitos o anorexia intermitentes	Adultos: <500 ml/día o <3 episodios/día Niños: <10 ml/kg/día o <4 episodios/día
1	Rash maculopapular <25% SC	2-3 mg/dL	Náuseas/vómitos o anorexia persistentes	Adultos: 500-999 ml/día o 3-4 episodios/día Niños: 10-19.9 ml/kg/día o 4-6 episodios/día
2	Rash maculopapular 25-50% SC	3,1-6 mg/dL	-	Adultos: 1.000-1.500 ml/día o 5-7 episodios/día Niños: 20-30 ml/kg/día o 7-10 episodios/día
3	Rash maculopapular >50% SC	6,1-15 mg/dL	-	Adultos: >1.500 ml/día o >7 episodios/día Niños: > 30 ml/kg/día o >10 episodios/día
4	Eritrodermia generalizada (>50% SC) <b>más</b> ampollas y descamación en >5% SC	>15 mg/dL	-	Dolor abdominal grave con/ sin íleo, o heces sanguinolentas independientemente de su volumen

GI: gastrointestinal; SC: superficie corporal.

## Grado I

Piel estadio 1-2

## Grado II

Piel estadio 3 o hígado estadio 1 o intestino estadio 1\*

## Grado III

Hígado estadio 2-3 o intestino estadio 2-4

## Grado IV

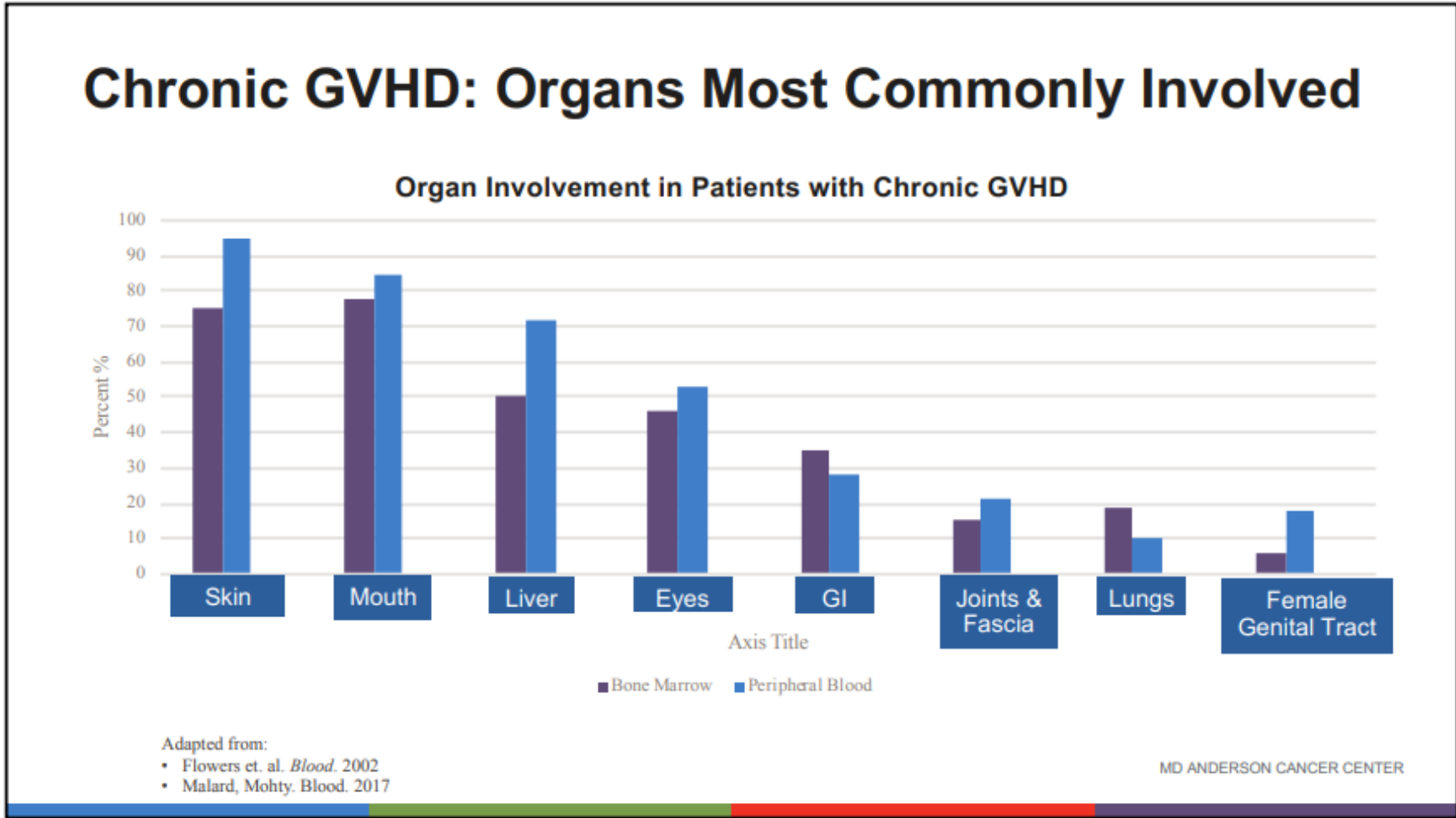
Piel estadio 4 o hígado estadio 4

\*Las náuseas persistentes con evidencia histológica de EICR, pero sin diarrea, deben incluirse como EICR gastrointestinal en estadio 1. EICR: enfermedad injerto contra receptor.

**Guía EICR GETH 2022**




# Manifestaciones clínicas







# Manifestaciones clínicas y estadiaje. Criterios de respuesta




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*EBMT guidelines educational Apps | EBMT*

# Diagnóstico. Gradación.

Puntuación	0	1	2	3
<b>ESTADO GENERAL</b> ECOG (KPS):	<input type="checkbox"/> Asintomático y totalmente activo (ECOG: 0, KPS: 100%)	<input type="checkbox"/> Sintomático, ambulatorio, limitación actividad física extenuante (ECOG: 1, KPS: 80 - 90%)	<input type="checkbox"/> Sintomático, ambulatorio, se vale por sí mismo, deambula >50% del tiempo (ECOG: 2, KPS: 60 - 70%)	<input type="checkbox"/> Sintomático, dificultad para su propio cuidado, >50% en sillón-cama (ECOG 3 - 4, KPS <60%)
<b>PIEL</b> Puntuación % SC: Marcar todo lo que aplique: <input type="checkbox"/> Rash maculopapular / Eritema <input type="checkbox"/> Liquen plano-like <input type="checkbox"/> Esclerosis <input type="checkbox"/> Lesiones pápulo-escamosas o icitiosis <input type="checkbox"/> Queratosis pilaris-like	<input type="checkbox"/> No afectación	<input type="checkbox"/> 1 - 18% SC <span style="color: red;">★</span>	<input type="checkbox"/> 19 - 50% SC	<input type="checkbox"/> >50% SC
Puntuación por manifestaciones cutáneas EICR	<input type="checkbox"/> No lesiones escleróticas		<input type="checkbox"/> Esclerosis superficial (se puede pelizcar)	Marcar todo lo que proceda: <input type="checkbox"/> Esclerosis profunda <input type="checkbox"/> Esclerosis con fijación ósea <input type="checkbox"/> Movilidad limitada <input type="checkbox"/> Ulceración
Otras manifestaciones no incluidas: <input type="checkbox"/> Hiperpigmentación <input type="checkbox"/> Hipopigmentación <input type="checkbox"/> Poiquilodermia <input type="checkbox"/> Prurito grave o generalizado <input type="checkbox"/> Afectación ungueal <input type="checkbox"/> Afectación capilar <input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				

Jagasia MH, Greinix HT, Arora M, et al. National institutes of health consensus development project on criteria for clinical trials in chronic graft-versus-host disease: I. The 2014 Diagnosis and Staging Working Group report. *Biol Blood Marrow Transplant* 2015; 21: 389-40

Puntuación	0	1	2	3
<b>BOCA</b> Liquen plano-like presente: <input type="checkbox"/> Sí <input type="checkbox"/> No	<input type="checkbox"/> No síntomas	<input type="checkbox"/> Síntomas leves que no dificultan ingesta	<input type="checkbox"/> Síntomas moderados que si limitan parcialmente la ingesta <span style="color: red;">★</span>	<input type="checkbox"/> Síntomas graves con limitación grave de la ingesta
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				
<b>OJOS</b> KCS confirmada por oftalmólogo: <input type="checkbox"/> Sí <input type="checkbox"/> No <input type="checkbox"/> No explorado	<input type="checkbox"/> No síntomas	<input type="checkbox"/> Sequedad ocular leve que no afecta actividad cotidiana (colirio lubricante <3 veces al día)	<input type="checkbox"/> Sequedad ocular moderada que afecta algo a la actividad cotidiana (requiere colirio lubricante >3 veces al día o taponos lacrimales), SIN pérdida agudeza visual por KCS	<input type="checkbox"/> Sequedad ocular grave que afecta la actividad cotidiana (dolor) o incapacidad laboral por síntomas oculares o pérdida de visión por KCS
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				
<b>TRACTO GI</b> Marque todo lo que aplique <input type="checkbox"/> Membrana esofágica/ Estenosis alta o tercio medio esófago <input type="checkbox"/> Disfagia <input type="checkbox"/> Anorexia <input type="checkbox"/> Náusea <input type="checkbox"/> Vómitos <input type="checkbox"/> Diarrea <input type="checkbox"/> Pérdida de peso >5% <input type="checkbox"/> Imposibilidad alimentación	<input type="checkbox"/> No síntomas	<input type="checkbox"/> Síntomas sin pérdida de peso (<5%) <span style="color: red;">★</span>	<input type="checkbox"/> Síntomas que ocasionan pérdida 5 - 15% peso o diarrea moderada sin interferencia significativa con actividades vida diaria	<input type="checkbox"/> Síntomas con pérdida >15% peso, que requiera suplementos nutricionales - calóricos adicionales o dilatación esofágica o diarrea grave que interfiere de forma significativa en vida diaria
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				
<b>HÍGADO</b>	<input type="checkbox"/> Función hepática normal y ALT o FA <3 x VN	<input type="checkbox"/> Bilirrubina total normal con ALT 3 - 5 x VN o FA ≥3 x VN	<input type="checkbox"/> Bilirrubina total elevada pero <3 mg/dl o FA >5 x VN	<input type="checkbox"/> Bilirrubina total elevada pero >3 mg/dl
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				
<b>PULMÓN</b> Puntuación de síntomas	<input type="checkbox"/> No síntomas	<input type="checkbox"/> Síntomas leves (taquipnea tras subir un tramo de escalera)	<input type="checkbox"/> Síntomas moderados (taquipnea al andar en suelo llano)	<input type="checkbox"/> Síntomas graves (taquipnea de reposo; necesidad O <sub>2</sub> )
Puntuación pulmón FEV1%: <input type="checkbox"/> No realizado	<input type="checkbox"/> FEV1 ≥80%	<input type="checkbox"/> FEV1 60 - 79%	<input type="checkbox"/> FEV1 40 - 59%	<input type="checkbox"/> FEV1 <39%
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				

Puntuación	0	1	2	3
<b>APARATO LOCOMOTOR</b> Puntuación P-ROM (ver anejo) Hombro (1 - 7): _____ Codo (1 - 7): _____ Muñeca/Dedos (1 - 7): _____ Cadera (1 - 4): _____	<input type="checkbox"/> No síntomas	<input type="checkbox"/> Rigidez leve en brazos o piernas. Rango de movimiento normal o reducción leve y no afectación de actividades de vida diaria	<input type="checkbox"/> Rigidez en brazos o piernas o contracturas en articulaciones, fascitis, reducción moderada del Rango de movimiento y no afectación de actividades de vida diaria	
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				
<b>TRACTO GENITAL</b> <input type="checkbox"/> No explorado Actualmente sexualmente activo: <input type="checkbox"/> Sí <input type="checkbox"/> No	<input type="checkbox"/> No signos	<input type="checkbox"/> Signos leves y mujeres con o sin molestias en la exploración	<input type="checkbox"/> Signos moderados y pueden tener molestias en la exploración	<input type="checkbox"/> Signos graves y pueden con o sin molestias en la exploración
<input type="checkbox"/> Alteración explicada por completo por causa de no EICR (especifique): _____				
<b>Otras alteraciones, datos clínicos o complicaciones relacionadas con EICR. Señale todas las que correspondan y asigne una puntuación de gravedad (0-3) en base al impacto funcional (Nada: 0; Leve: 1; Moderado: 2; Grave: 3)</b>				
<input type="checkbox"/> Ascitis (serositis): _____		<input type="checkbox"/> Miastenia Gravis: _____		<input type="checkbox"/> Eosinofilia >500/mcl: _____
<input type="checkbox"/> Derrame pericárdico: _____		<input type="checkbox"/> Neuropatía periférica: _____		<input type="checkbox"/> Plaquetas <100.000/mcl: _____
<input type="checkbox"/> Derrame pleural: _____		<input type="checkbox"/> Polimiositis: _____		<input type="checkbox"/> Otros (especificar): _____
<input type="checkbox"/> Síndrome nefrótico: _____		<input type="checkbox"/> Pérdida peso >5% sin síntomas GI: _____		
<b>GRAVEDAD GLOBAL</b>	<input type="checkbox"/> No EICRc	<input type="checkbox"/> Leve	<input type="checkbox"/> Moderado	<input type="checkbox"/> Grave
Escala fotográfica para evaluar rango de movimiento (P-ROM)				

# Diagnóstico. Gradación.

Table S2: NIH Global Severity of chronic GVHD

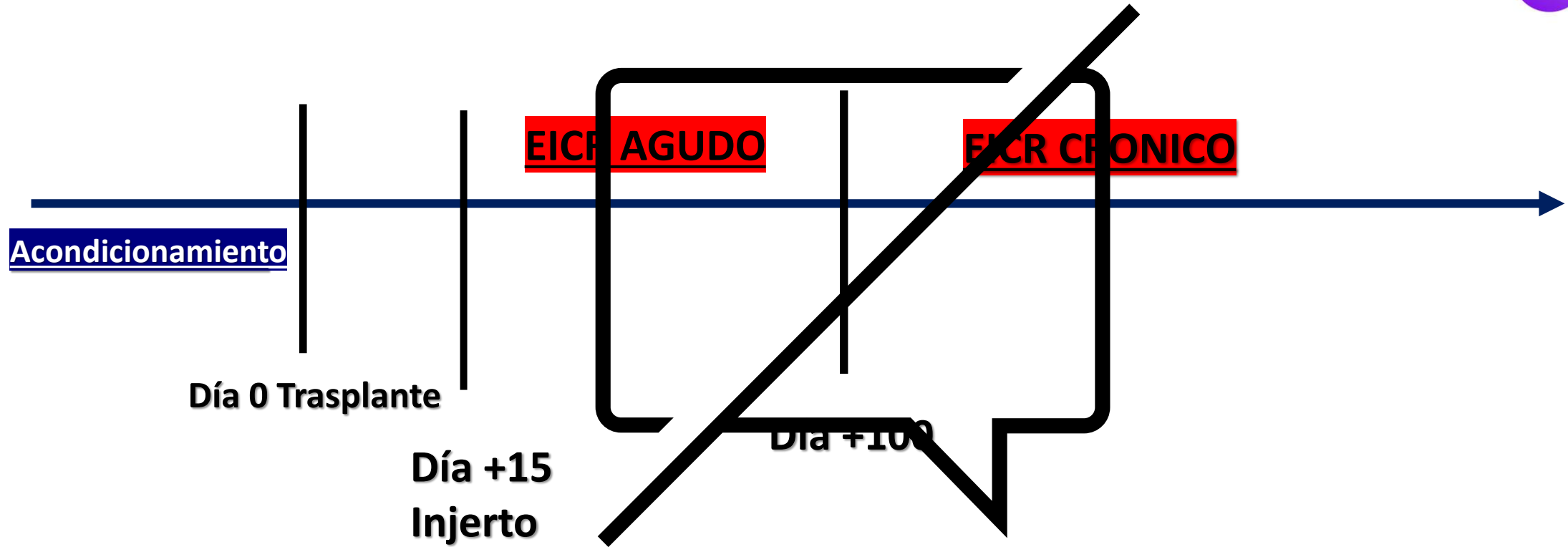
(according to <sup>1)</sup>)

NIH Global Severity of chronic GVHD	Criteria
Mild chronic GVHD	1 or 2 Organs involved with no more than score 1 plus Lung score 0
Moderate chronic GVHD	3 or More organs involved with no more than score 1 OR At least 1 organ (not lung) with a score of 2 OR Lung score 1
Severe chronic GVHD	At least 1 organ with a score of 3 OR Lung score of 2 or 3

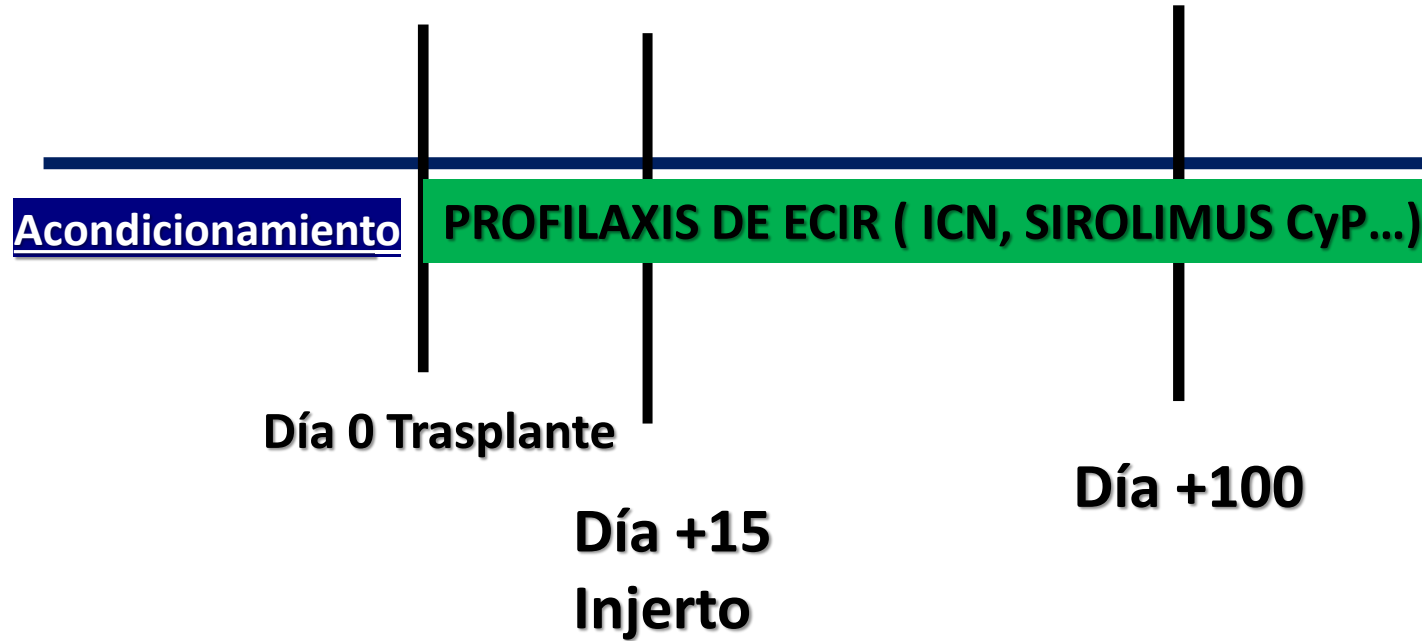
Jagasia MH, Greinix HT, Arora M, et al. National institutes of health consensus development project on criteria for clinical trials in chronic graft-versus-host disease: I. The 2014 Diagnosis and Staging Working Group report. *Biol Blood Marrow Transplant* 2015; 21: 389–40

The individual scores from 0 to 3 are shown in detail in the 2014 NIH consensus publication<sup>1</sup>. In this scoring system, the 8 organ systems skin, mouth, eyes, gastrointestinal tract, liver, lungs, genital tract and fasciae/joints are scored.

# Diagnóstico:



# Diagnóstico:




## EICR CRONICO:

- Mediana de inicio. 5-6 meses
- 90% inicio en el primer año.
- Aparición poco frecuente después de los 2 años.

# Diagnóstico







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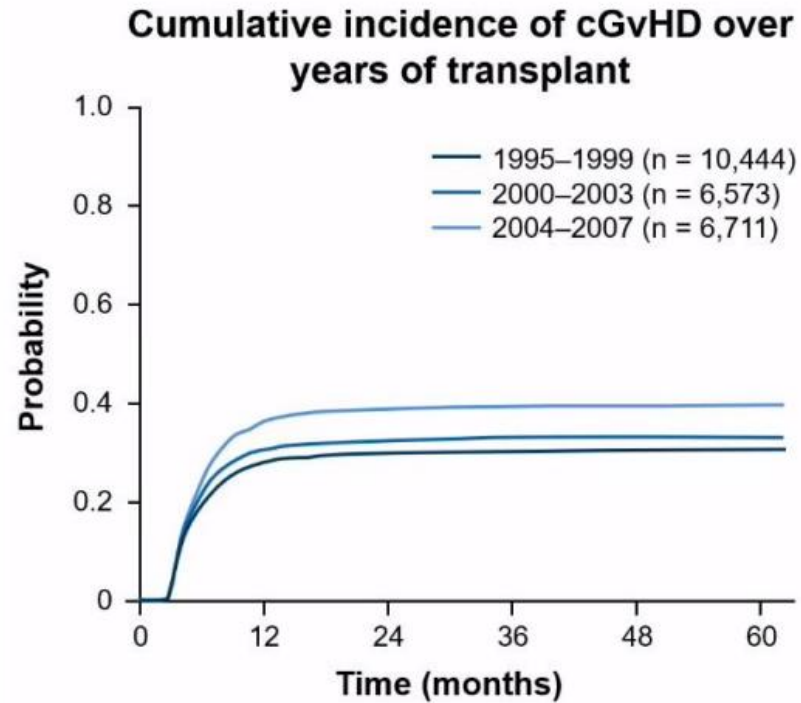
EBMT NIH UZ LEUVEN CRYOSTEM

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# Epidemiología

- 30-70% lo presentarán en algún grado.
- Incidencia creciente:
  - Pacientes más mayores.
  - Sangre periférica como fuente de progenitores.
  - Aumento de supervivencia.
  - ¿PTCy? □ Tendencia al descenso de dosis

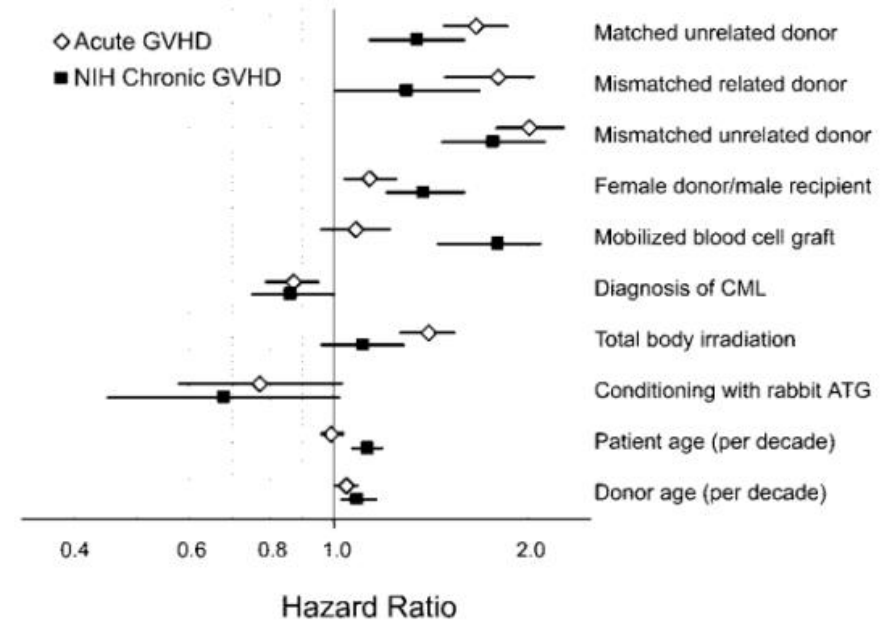


*Arial S, et al. Biol Blood Marrow Transplant 2015;21:266-74*



# Factores de riesgo

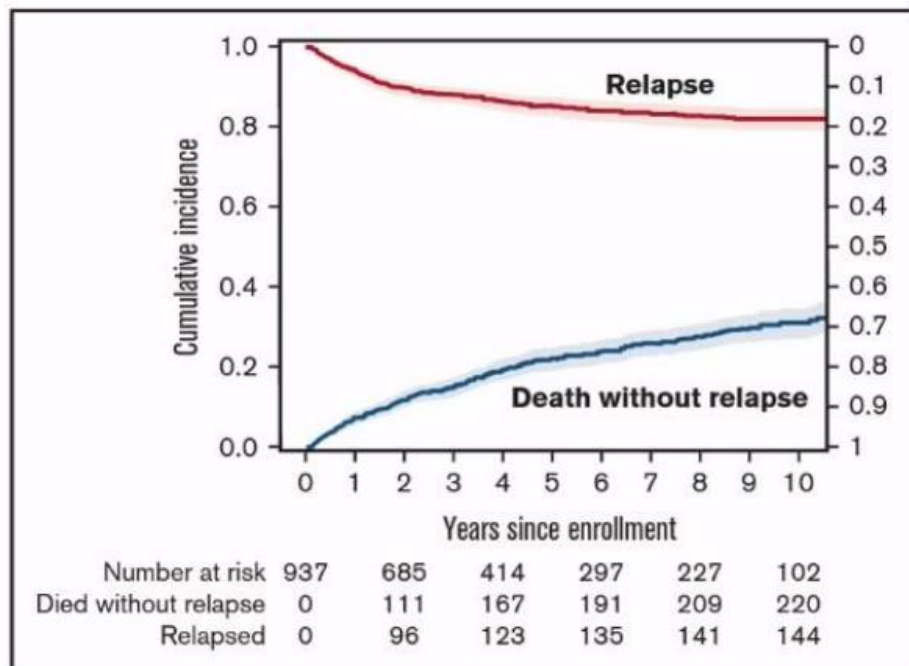
- **Episodio previo de EICRa .**
- **Sangre periférica como fuente de progenitores**
- **Donante mujer/Receptor varón.**
- **Disparidad HLA .**
- **Edad del receptor.**
- **Enfermedad de base.**



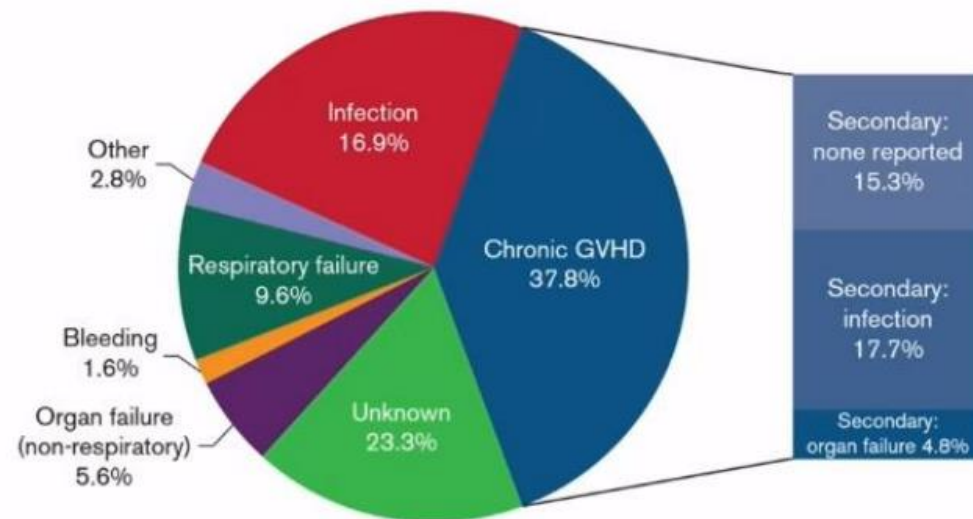
**Figure 2. Multivariate risk factor profiles for grades 2-4 acute GVHD and NIH chronic GVHD.** Hazard ratio and 95% CI for each risk factor are shown. The analysis included 2355 grades 2-4 acute GVHD events and 1022 NIH chronic GVHD events. Hazard ratios are relative to patients without the risk factor.

*Flowers ME et al. Blood. 2011 Mar 17;117(11):3214-9*

# Pronóstico



**Figure 1.** The cumulative incidence of NRM among patients diagnosed with cGVHD. Relapse shown as a competing risk.



**Figure 2.** Reported primary causes of death for cases of NRM.

*DeFilipp Z, et al. Blood Adv. 2021 Oct 26;5(20):4278-4284.*

# Biomarcadores

Biomarker definitions as per NIH BEST Resource <sup>3</sup>

Biomarker Subtype	Definition
Diagnostic	An assay used to confirm the presence of the disease
Predictive	An assay used to identify individuals who are more likely than similar individuals without the biomarker to experience a favorable or unfavorable effect from exposure to a <b>specific</b> medical product (before treatment is received)
Response	An assay used to show that a biological response has occurred in an individual who has been exposed to a medical product (after treatment is received)
Prognostic	An assay used to identify likelihood of a clinical event, disease recurrence or progression in patients who have the disease
Risk	An assay that indicates the potential for developing the disease in individuals who do not have clinically apparent disease

*Current Definitions and Clinical Implications of Biomarkers in Graft Versus Host Disease Alan Bidgoli, Transplant Cell Ther. 2022 October ;*

# Biomarcadores

Table 5.

Plasma Biomarkers for Chronic GVHD

Name	Study	(n)	Associations/Timepoints in cGVHD (D0 = HCT date)	Framework steps completed	Potential clinical implementation	
<i>Diagnostic Biomarkers</i>						
<b>sBAFF</b>	Sarantopoulos 2007	104	Increased levels in active cGVHD	Step 1: Discovery	<ul style="list-style-type: none"> <li>• Improve diagnostic accuracy</li> <li>• Differentiate GVHD vs other complications</li> </ul>	
	Ahmed 2015	115	Increased levels at 6 and 12 months	Step 1: Previous discovery		
	Kariminia 2016	283	Increased levels around time of diagnosis	Step 1: Previous discovery Step 2: 2 cohorts		
	Rozmus 2019	107	Increased levels around onset of symptoms	Step 1: Previous discovery		
<b>CXCL9</b>	Kitko 2014	320	Increased levels at diagnosis	Step 1: Discovery Step 2: 2 cohorts		
	Kariminia 2016	85	Increased levels in 1 replication cohort	Step 1: Previous discovery Step 2: 2 cohorts		
	Hakim 2016	95	Increased levels and upregulation of gene expression	Step 1: Previous discovery		
<b>CXCL10</b>	Ahmed 2015	115	Increased levels at 6 and 12 months	Step 1: Hypothesis		
	Kariminia 2016	283	Increased levels in both replication cohorts	Step 1: Previous discovery Step 2: 2 cohorts		
	Hakim 2016	95	Increased levels and upregulation of gene expression	Step 1: Hypothesis		
<b>Biomarker panel: ST2, MMP3, CXCL9, OPN</b>	Yu 2016	172	Increased levels at diagnosis	Step 1: Discovery Step 2: 2 cohorts		
<b>MMP3</b>	Liu 2016	112	Increased levels in BOS patients	Step 1: Discovery		
<b>DKK3</b>	Imamoto 2020	186	Increased levels at diagnosis	Step 1: Discovery		
<b>Reg3<math>\alpha</math></b>	DePriest 2021	289	Increased levels associated with GI-cGVHD	Step 1: Previous discovery Step 2: 2 cohorts		
<i>Predictive Biomarkers</i>						
No validated cGVHD predictive biomarker exists						<ul style="list-style-type: none"> <li>• Intensify for high risk group</li> <li>• Reduce immunosuppression for low/standard risk group</li> </ul>

Current Definitions and Clinical Implications of Biomarkers in Graft Versus Host Disease Alan Bidgoli, Transplant Cell Ther. 2022 October

# Biomarcadores

<i>Response Biomarkers</i>					
sBAFF	Whittle 2011	46	Increased levels 1 month after ECP predicted response of cutaneous cGVHD	Step 1: Previous discovery	<ul style="list-style-type: none"> <li>• Monitoring treatment response</li> <li>• Guide GVHD management</li> <li>• Future: Clinical efficacy endpoint</li> </ul>
ST2	Dunavin 2018	16	ST2 levels declined after 2-, 4- and 6-months of ECP	Step 1: Previous discovery	
<i>Prognostic Biomarkers</i>					
CXCL9	Giesen 2020	480	Increased levels at symptom onset associated with severe cGVHD	Step 1: Previous discovery	<ul style="list-style-type: none"> <li>• Anticipate course of disease</li> <li>• Adjust immunosuppression</li> </ul>
DKK3	Inamoto 2020	186	Increased levels at diagnosis associated with NRM	Step 1: Discovery	
MMP-9	Inamoto 2021	33	Increased levels at BOS diagnosis associated with OS	Step 1: Discovery	
Reg3 $\alpha$	DePriest 2021	289	Increased levels at GI-cGVHD diagnosis associated with nrm	Step 1: Previous discovery Step 2: 2 cohorts	
<i>Risk Biomarkers</i>					
Biomarker panel: ST2, MMP3, CXCL9, OPN	Yu 2016	172	Levels D+100 associated with cGVHD development	Step 1: Discovery Step 2: 2 cohorts	<ul style="list-style-type: none"> <li>• Implement preemptive strategies</li> </ul>
CXCL9	Abu Zaid 2017	211	Increased levels D+100 or D+180 associated with cGVHD development	Step 1: Previous discovery Step 2: Clinical trial cohorts	
	Dai 2021	287	Increased levels D+28 associated with severe cGVHD development	Step 1: Previous discovery	
CD163	Inamoto 2017	167	Increased levels D+80 associated with de-novo cGVHD	Step 1: Previous discovery	

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# Biomarcadores

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En desarrollo para intentar predecir enfermedad y seguimiento.

---

Menos explorados que en EICRa por variabilidad.

---

ST2 y REG3a.

---

Incorporación de biomarcadores en ensayos clínicos aleatorios y finalmente la práctica clínica.

---

Requieren validaciones en grandes cohortes.

---

No aplicabilidad clínica en la mayoría de los centros.

---

Supondrá ayuda en las decisiones clínicas.

*Current Definitions and Clinical Implications of Biomarkers in Graft Versus Host Disease Alan Bidgoli,  
Transplant Cell Ther. 2022 October ;*

# Qué sabemos de EICRc???

Tratamientos de primera línea

# Estrategias de prevención

**Table 1. Summary graft-versus-host disease (GVHD) preventative strategies.**

GVHD prophylaxis	Outcome
Calcineurin inhibitor (CSA/TAC) plus MTX/MMF (standard GVHD prophylaxis)	Reduces aGVHD and cGVHD
Addition of sirolimus to standard GVHD prophylaxis	Reduces aGVHD but no difference in cGVHD
Addition of abatacept to standard GVHD prophylaxis	Reduces aGVHD
Post-transplant cyclophosphamide	Reduces aGVHD and cGVHD
<i>In vivo</i> TCD using ATG	Reduces aGVHD and cGVHD
<i>In vivo</i> TCD using alemtuzumab	Reduces aGVHD and cGVHD (increased infection and relapse risk compared with ATG)
<i>Ex vivo</i> TCD - CD3+TCR $\alpha\beta$ + /CD19+ lymphocyte removal	Reduces aGVHD and cGVHD
<i>Ex vivo</i> TCD - removal of naïve T-lymphocytes	Reduces cGVHD but not aGVHD
<i>Ex vivo</i> TCD - CD34+ selection with infusion of Tregs (regulatory T-lymphocytes) and conventional T-lymphocytes	Reduces aGVHD and cGVHD

aGVHD, acute graft-versus-host disease; ATG, anti-thymocyte globulin; cGVHD, chronic graft-versus-host disease; CSA, ciclosporin; MMF, mycophenolate mofetil; MTX, methotrexate; TAC, tacrolimus; TCD, T-cell depletion.

**Recent advances in graft-versus-host disease 1 Translational and Clinical Research Institute, Newcastle University, Newcastle upon Tyne, NE1 7RU, UK 2 Great North Children's Hospital, Newcastle upon Tyne, UK. Faculty Rewius 2023.**



# Tratamientos de primera línea



*Prophylaxis and management of graft versus host disease after stem-cell transplantation for haematological malignancies: updated consensus recommendations of the European Society for Blood and Marrow Transplantation*  
Olaf Penack et al. *Lancet Haematol* 2020; 7: e157-67  
GUIAS EICRc GETH 2022

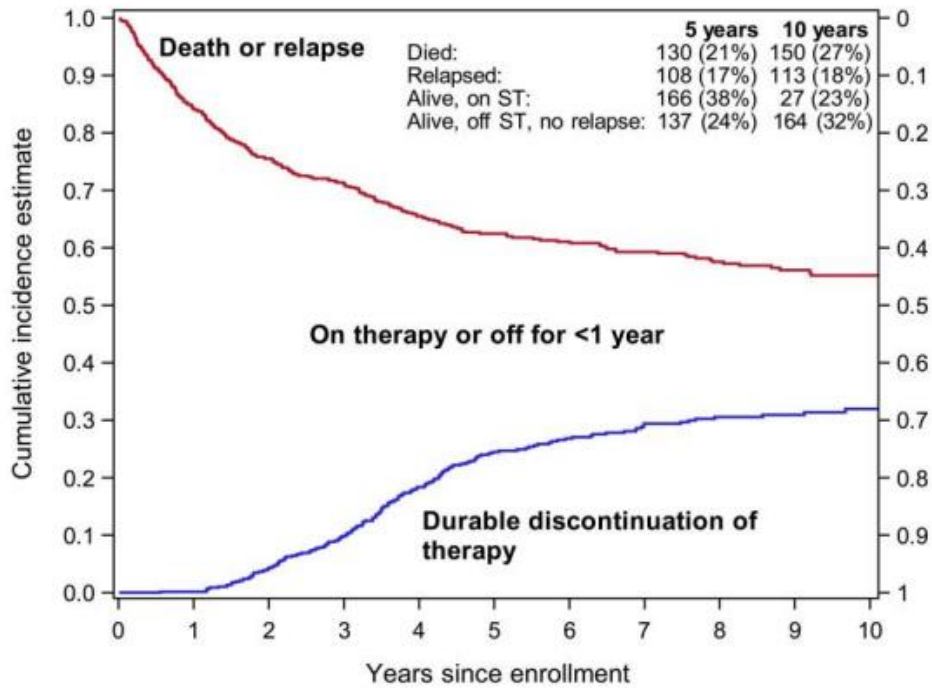
# Tratamientos de primera línea.

## Fase III.

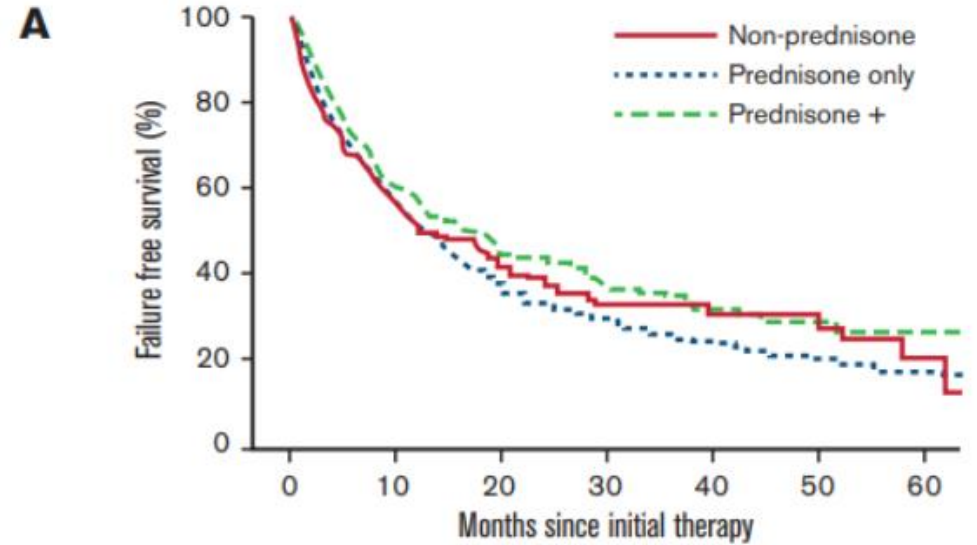
Author	Arms Compared	Double Blind	N	Results
Sullivan <sup>1</sup>	Prednisone ± azathioprine	Yes	179	Decreased survival
Koc, 2002 <sup>2</sup>	Prednisone ± CSP	No	287	Limited benefit
Koc, 2000 <sup>3</sup>	CSP/prednisone ± thalidomide	Yes	52	Toxicity
Arora <sup>4</sup>	CSP/prednisone ± thalidomide	No	54	No benefit
Martin <sup>5</sup>	CNI/prednisone ± MMF	Yes	151	No benefit
Gilman <sup>6</sup>	CNI/prednisone ± hydroxychloroquine	Yes	54	Terminated early
Carpenter <sup>7</sup>	Sirolimus/prednisone ± CNI	No	151	Terminated early
Miklos <sup>8</sup>	Prednisone ± ibrutinib	Yes	193	No difference in 12-mo ORR

1. Sullivan. *Blood*. 1988;72:546. 2. Koc. *Blood*. 2002;100:48. 3. Koc. *Blood*. 2000;96:3995. 4. Arora. *Biol Blood Marrow Transplant*. 2001;7:265. 5. Martin. *Blood*. 2009;113:5074. 6. Gilman. *Biol Blood Marrow Transplant*. 2012;18:84.  
7. Carpenter. *Haematologica*. 2018;103:1915. 8. Miklos. *EHA 2021. Abstr S235*.

# Tratamientos de primera línea



Chen GL, et al. Haematologica; 108:483-89

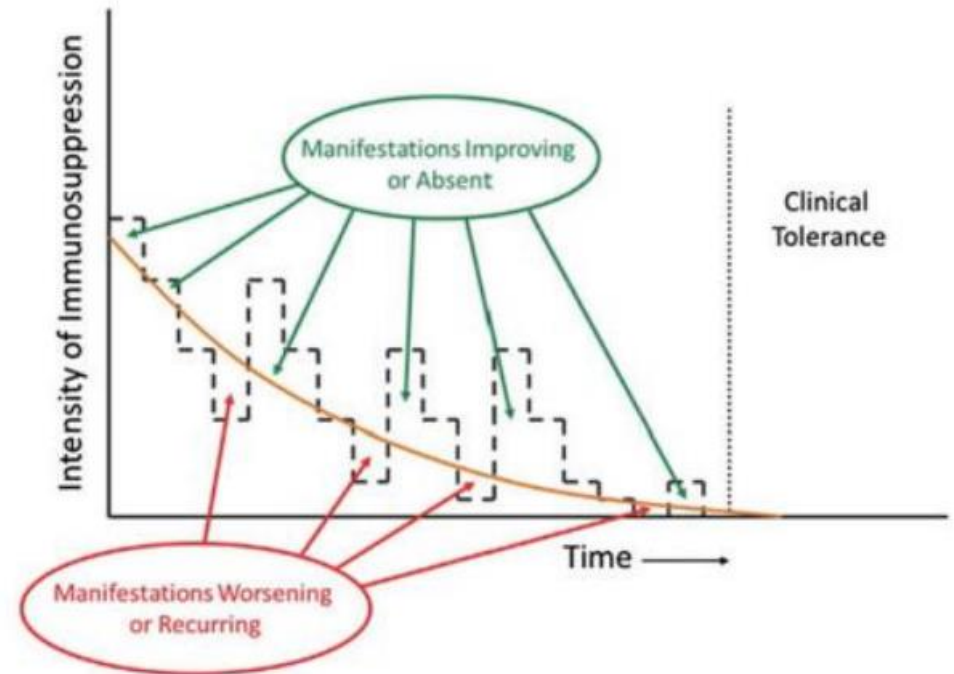


Non-prednisone	137	69	41	25	15	10	5
Prednisone only	411	225	140	77	39	24	17
Prednisone +	197	114	75	46	28	14	10

Pidala et al. Blood advances. 2021 5;22:4549-59

# Tratamientos de primera línea

Response	Ibrutinib- Prednisone (n = 95)	Placebo- Prednisone (n = 98)
Response at 48 weeks, No. (%)	39 (41)	36 (37)
CR	9 (9)	6 (6)
PR	30 (32)	30 (31)
SD	4 (4)	2 (2)
PD	23 (24)	34 (35)
cGVHD flare	1 (1)	3 (3)
Not evaluable <sup>a</sup>	28 (30)	23 (23)



Flowers ME et al. Blood. 2015 Jan 22;125(4):606-15.

# Criterios de respuesta

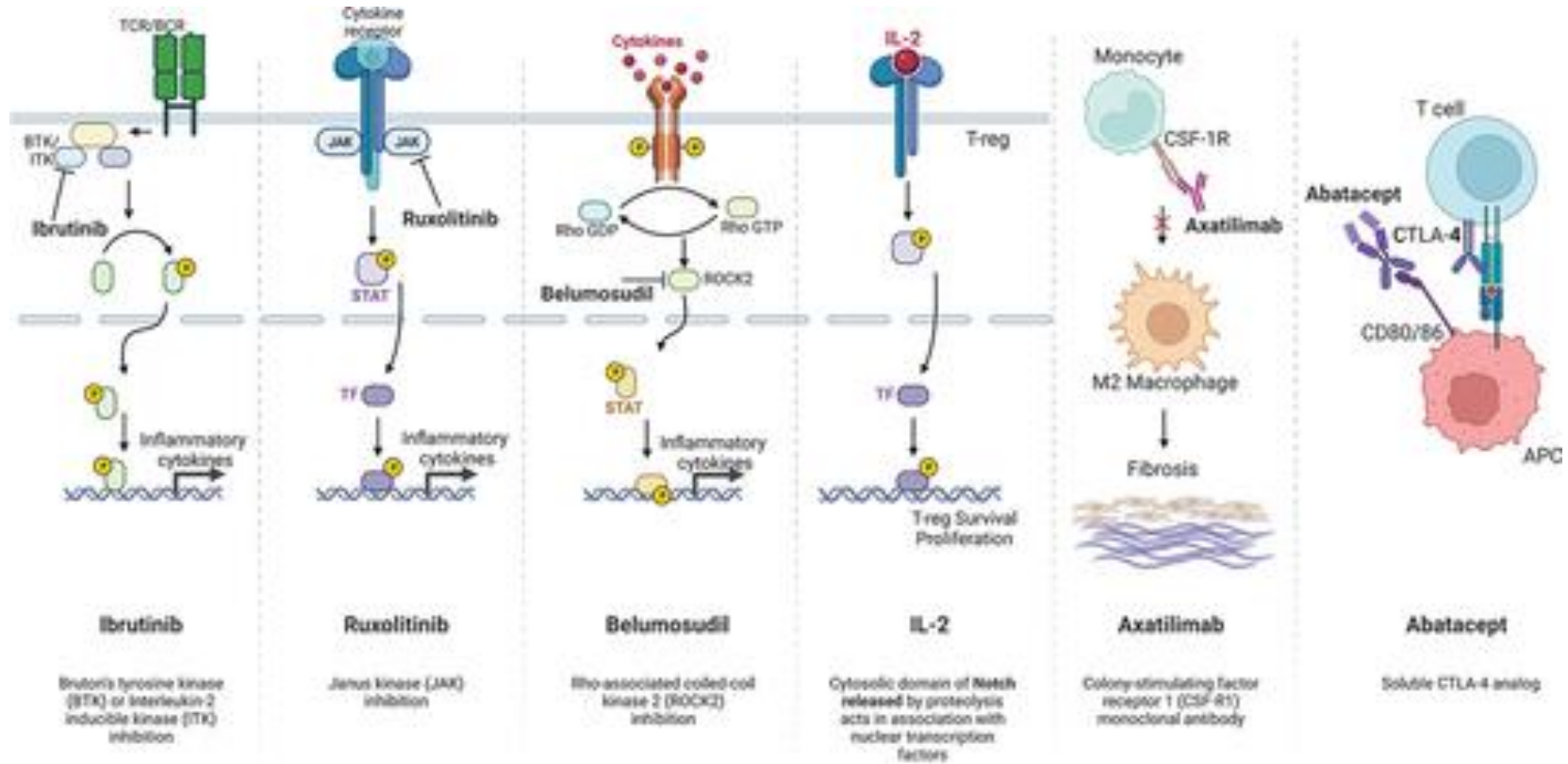
- Reevaluar a las 2-4 semanas.
  - Respuesta completa.
  - Respuesta parcial: mejoría en al menos un órgano sin progresión en otro.
  - No respuesta/progresión.
    - Enfermedad estable.
    - Respuesta mixta.
    - Progresión

Organ	Complete Response	Partial Response	Progression
Skin	NIH Skin Score 0 after previous involvement	Decrease in NIH Skin Score by 1 or more points	Increase in NIH Skin Score by 1 or more points, except 0 to 1
Eyes	NIH Eye Score 0 after previous involvement	Decrease in NIH Eye Score by 1 or more points	Increase in NIH Eye Score by 1 or more points, except 0 to 1
Mouth	NIH Modified OMRS 0 after previous involvement	Decrease in NIH Modified OMRS of 2 or more points	Increase in NIH Modified OMRS of 2 or more points
Esophagus	NIH Esophagus Score 0 after previous involvement	Decrease in NIH Esophagus Score by 1 or more points	Increase in NIH Esophagus Score by 1 or more points, except 0 to 1
Upper GI	NIH Upper GI Score 0 after previous involvement	Decrease in NIH Upper GI Score by 1 or more points	Increase in NIH Upper GI Score by 1 or more points, except 0 to 1
Lower GI	NIH Lower GI Score 0 after previous involvement	Decrease in NIH Lower GI Score by 1 or more points	Increase in NIH Lower GI Score by 1 or more points, except from 0 to 1
Liver	Normal ALT, alkaline phosphatase, and Total bilirubin after previous elevation of 1 or more	Decrease by 50%	Increase by 2 × ULN
Lungs	- Normal %FEV1 after previous involvement - If PFTs not available, NIH Lung Symptom Score 0 after previous involvement	- Increase by 10% predicted absolute value of %FEV1 - If PFTs not available, decrease in NIH Lung Symptom Score by 1 or more points	- Decrease by 10% predicted absolute value of %FEV1 - If PFTs not available, increase in NIH Lung Symptom Score by 1 or more points, except 0 to 1
Joints and fascia	Both NIH Joint and Fascia Score 0 and P-ROM score 25 after previous involvement by at least 1 measure	Decrease in NIH Joint and Fascia Score by 1 or more points or increase in P-ROM score by 1 point for any site	Increase in NIH Joint and Fascia Score by 1 or more points or decrease in P-ROM score by 1 point for any site
Global	Clinician overall severity score 0	Clinician overall severity score decreases by 2 or more points on a 0-10 scale	Clinician overall severity score increases by 2 or more points on a 0-10 scale

ULN indicates upper limit of normal.

Lee S. et al. *Biol Blood Marrow Transplant.* Jun 2015

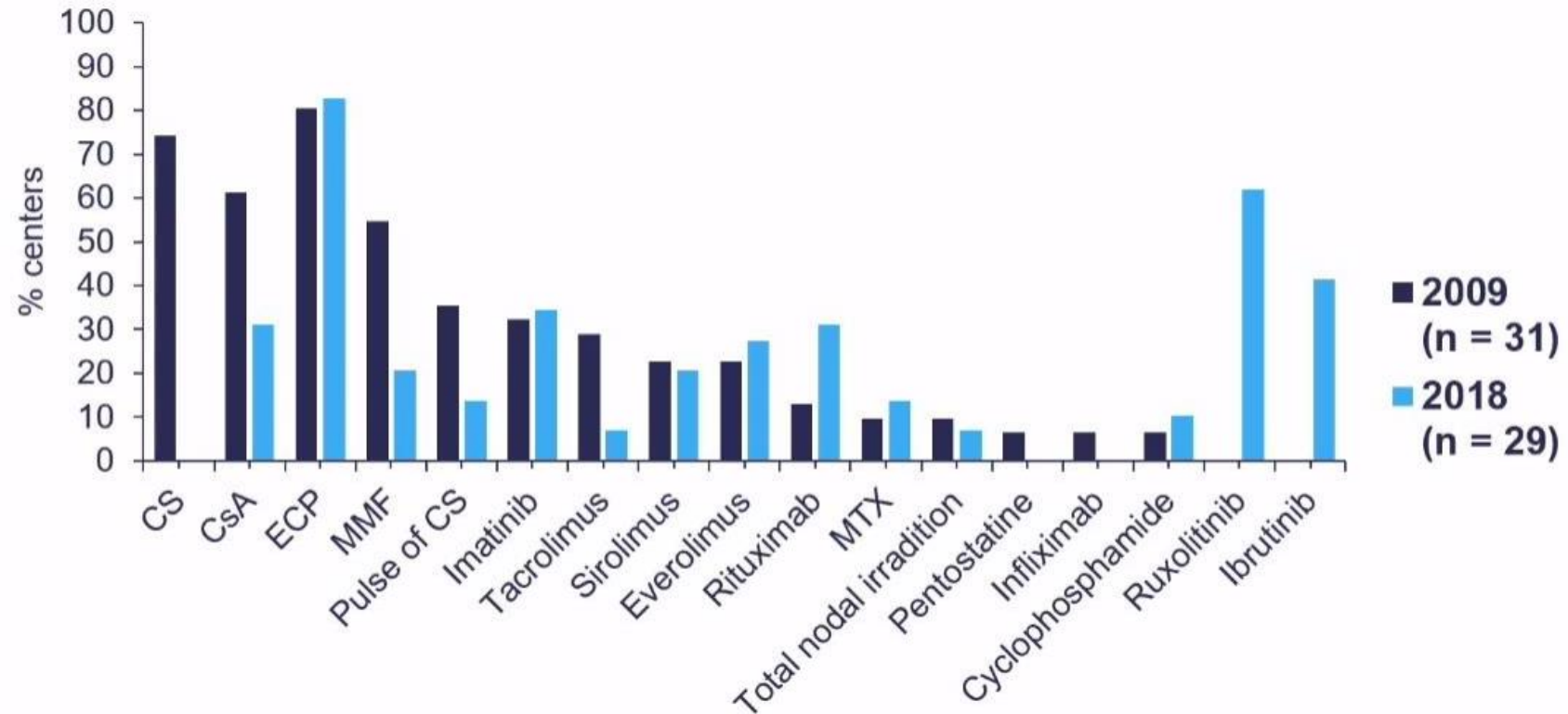
# Tratamientos de segunda línea



*Effects of immune system cells in GvHD and corresponding therapeutic strategies Maryam Jadid Tavaf, Mahboobeh Ebrahimi Verkiani, Fateme Poorhoseini Hanzaii, Mina Soufi Zomorrod.h <https://doi.org/10.5045/br.2023.2022192> Blood Res 2023;58:2-12.*

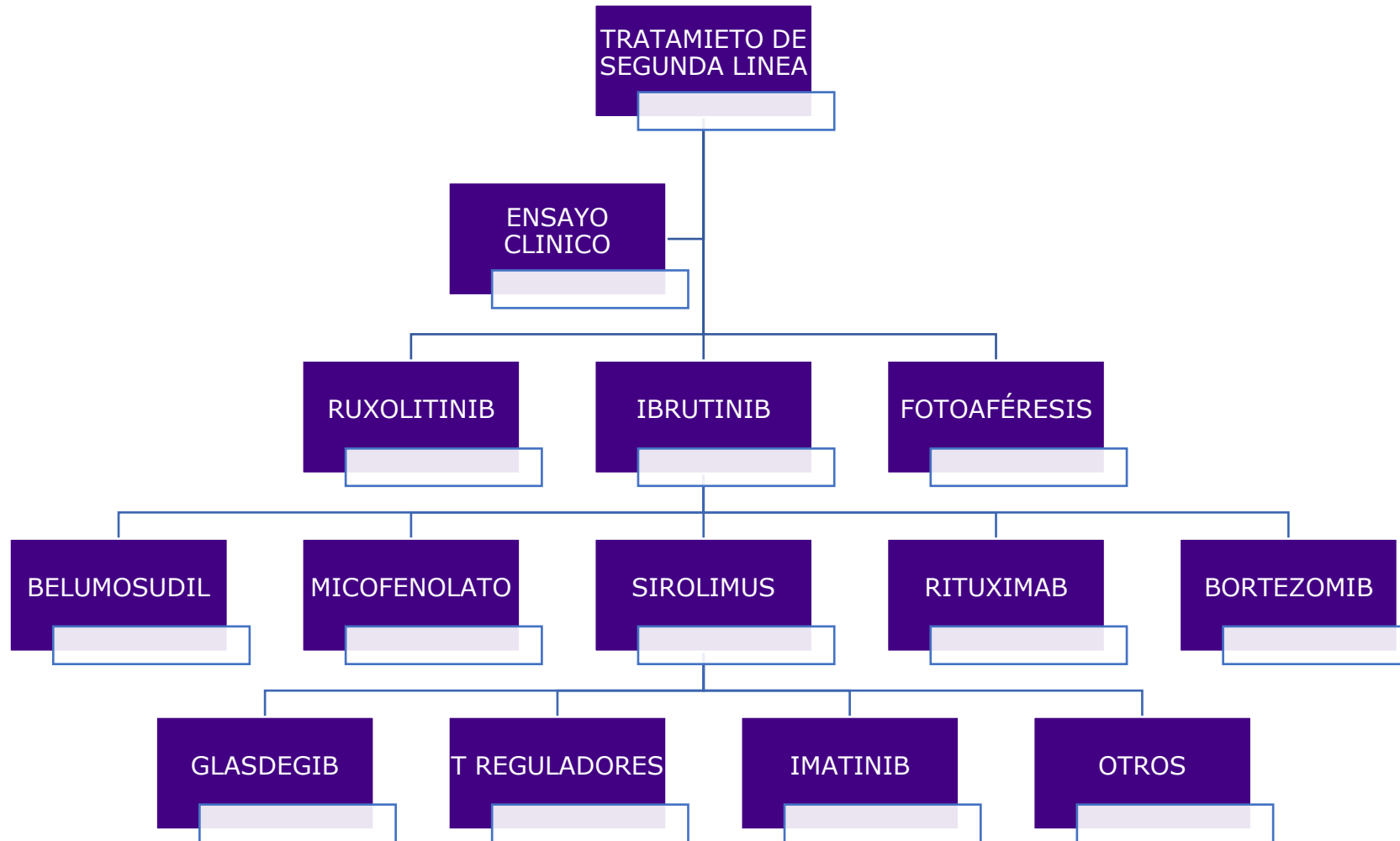
# Tratamientos de segunda línea

2009 vs 2018



Wolff D, et al. Bio Blood Marrow Trasplant. 2019;25(7):1450-1455

# Tratamientos de segunda línea

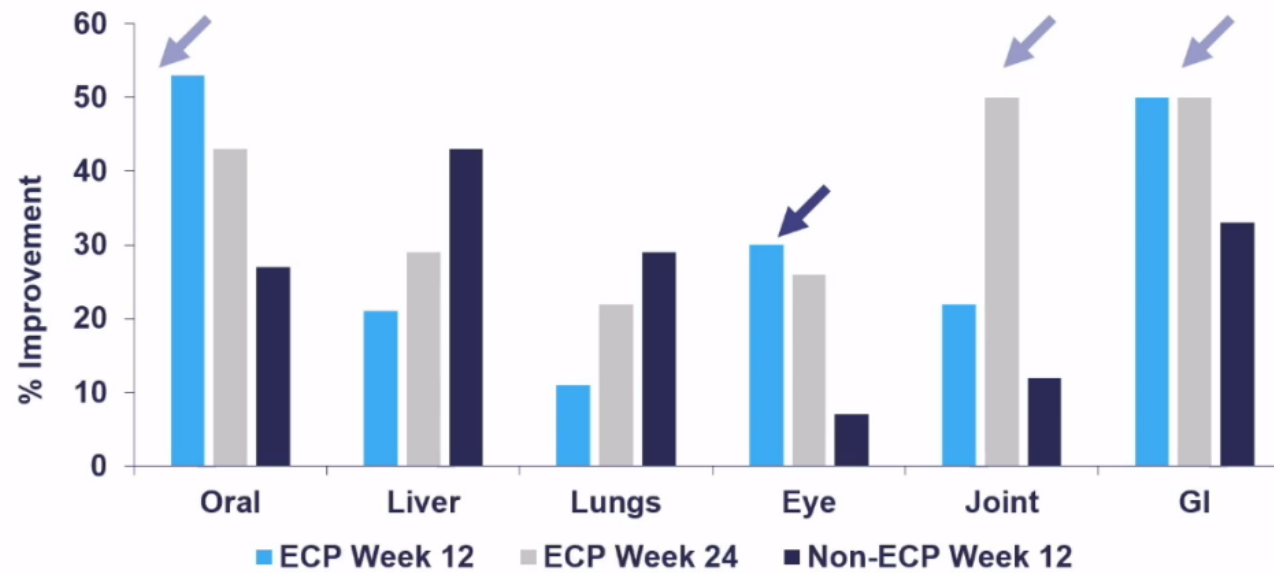


GUIAS EICRc GETH 2022 [NUEVA GUIA EICR 2021 \(geth.es\)](http://nueva guia eicr 2021 (geth.es))

Las guías pueden recoger productos no comercializados en España



# Fotoaféresis



Flowers MED, et al. Blood 2008;112(7):2667-2674

# Tasas de respuestas

**Table 2. Cutaneous Response to Crossover ECP and Steroid-Sparing**

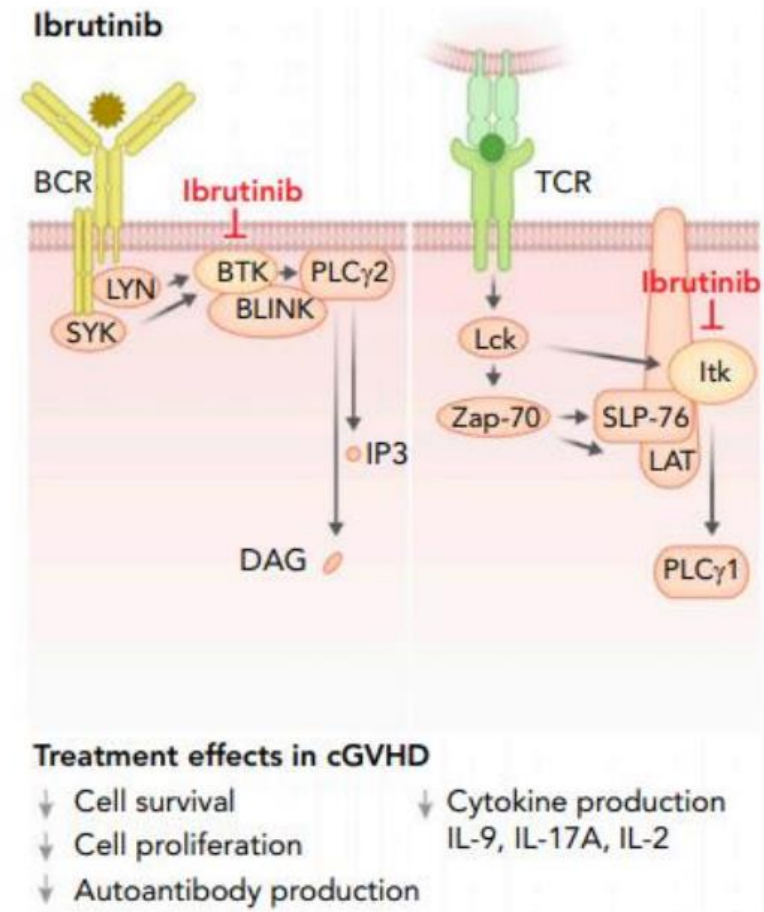
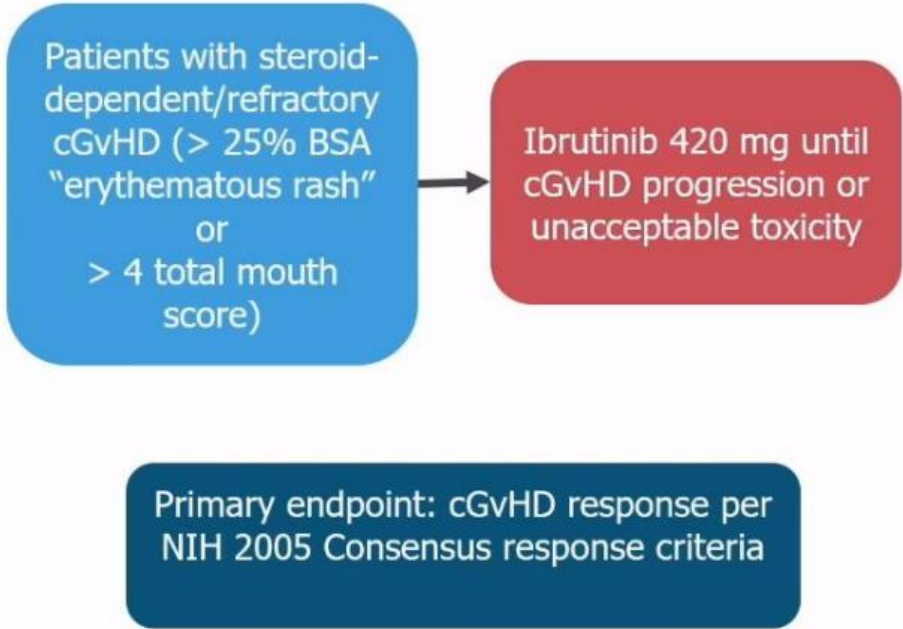
	Weeks after Start of ECP	
	12	24
Number of patients	24*	24*
Cutaneous response		
- Complete and partial response (nonblind clinical investigator assessment), n (%)	7/27† (26)	9/29‡ (31)
- Median percent change in TSS from baseline (blind observer)	-7.9	-25.8
Corticosteroid-sparing effect		
≥50% Reduction in corticosteroid dose, n (%)	4/24 (17)	8/24 (33)
≥50% Reduction in corticosteroid dose and corticosteroid dose < 10 mg/day.	4/24 (17)	6/24 (25)

**Table 3. Complete and Partial Response of Extracutaneous Manifestations to Crossover ECP**

Weeks after Start of ECP	Oral Mucosa	Liver	Lungs	Ocular	Joint	GI Tract
	Numbers (%)					
12	13/20 (65)	3/6 (50)	3/4 (75)	4/15 (27)	4/11* (36)	1/2 (50)
24	14/20 (70)	3/6 (50)	2/4 (50)	7/15 (47)	5/12 (42)	2/2 (100)

Greinix HT, et al. Biol Blood Marrow Transplant. 2011 Dec;17(12):1775-82.

# Tasas respuesta. Ibrutinib. Integrate.



Miklos D, et al. Blood. 2017;130-2243-2250. Zeiser R, Lee SJ. Blood. 2022 Mar 17;139(11):1642-1645.

# Tasas respuesta. Ibrutinib.

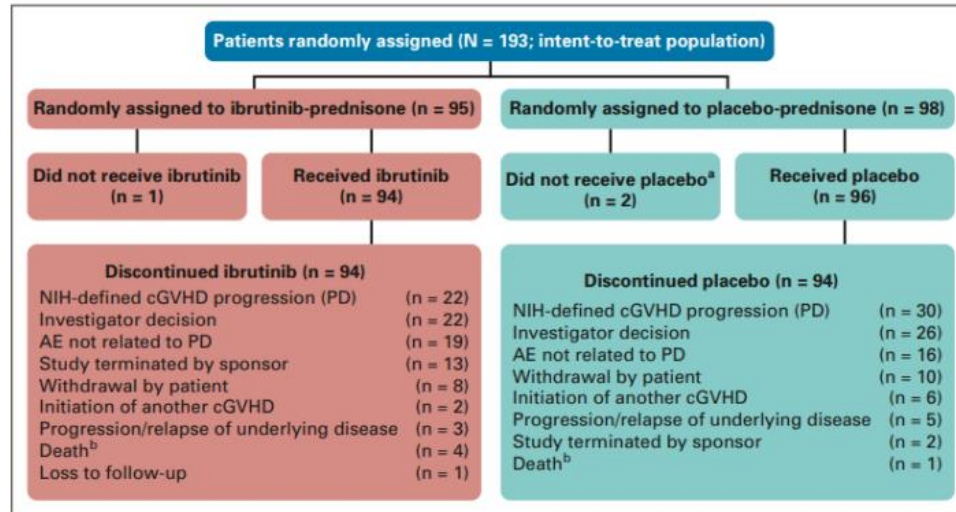
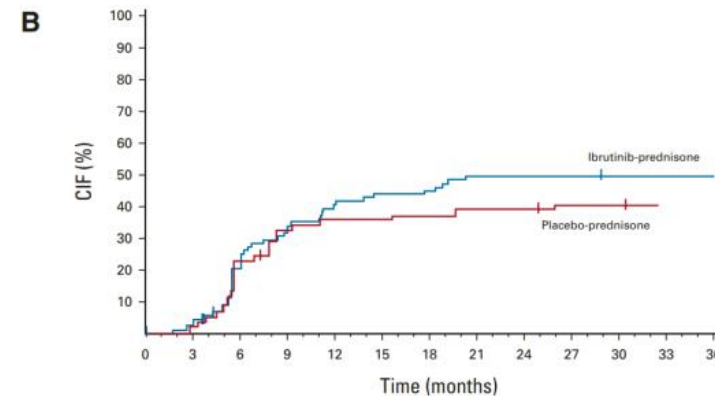
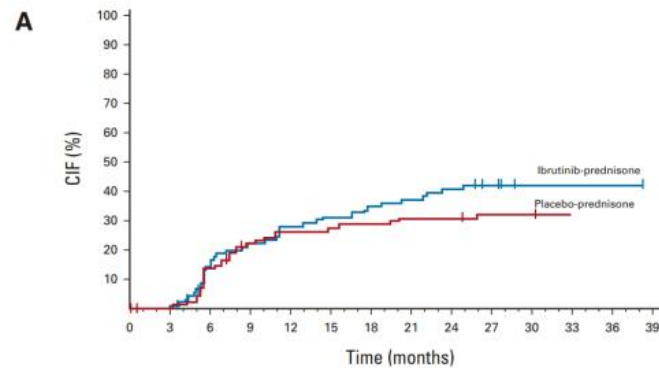


TABLE 2. Response Rates at 48 Weeks (intent-to-treat population)

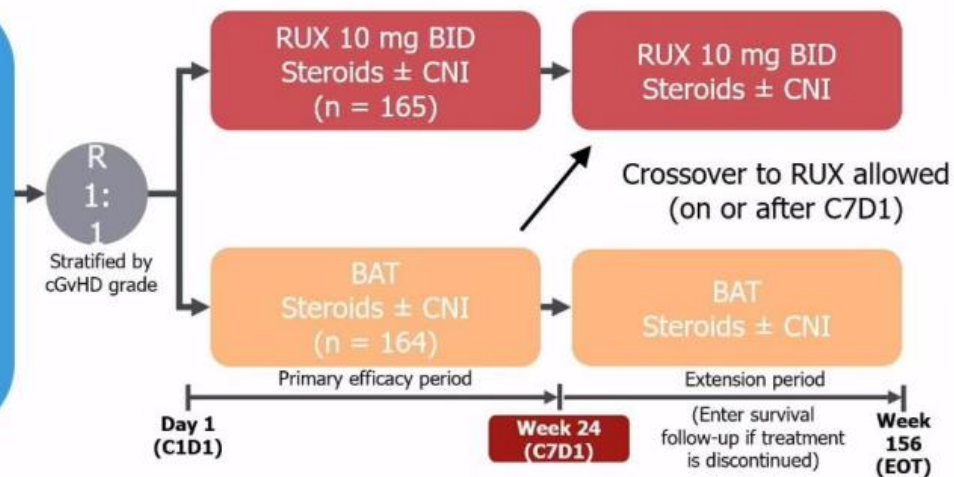
Response	Ibrutinib-Prednisone (n = 95)	Placebo-Prednisone (n = 98)
Response at 48 weeks, No. (%)	39 (41)	36 (37)
CR	9 (9)	6 (6)
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SD	4 (4)	2 (2)
PD	23 (24)	34 (35)
cGVHD flare	1 (1)	3 (3)
Not evaluable <sup>a</sup>	28 (30)	23 (23)
Difference in response rates between the two arms at 48 weeks (95% CI)	0.04 (-0.09 to 0.18)	
<i>P</i>	.54	



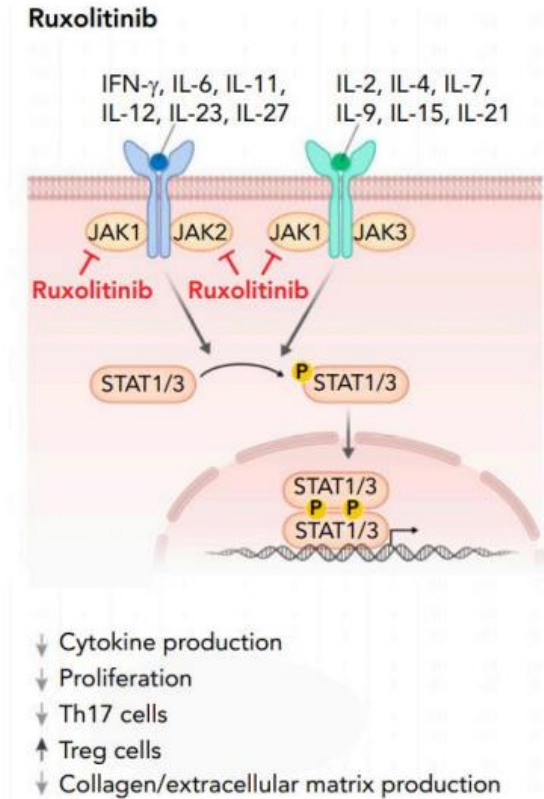
Miklos DB, et al. J Clin Oncol. 2023 Apr 1;41(10):1876-1887.

# Tratamientos de segunda línea. Ruxolitinib. REACH3.

- Age  $\geq$  12 years
- SR/D-cGvHD (moderate or severe), defined as:
  - Lack of response or disease progression after prednisone  $\geq$  1 mg/kg/day for  $\geq$  1 week *or*
  - Disease progression with prednisone  $>$ 0.5 mg/kg/day or 1 mg/kg/every other day for  $\geq$ 4 weeks *or*
  - Increase to prednisone dose to  $>$  0.25 mg/kg/day after 2 unsuccessful attempts to taper the dose
- Evident myeloid and platelet engraftment

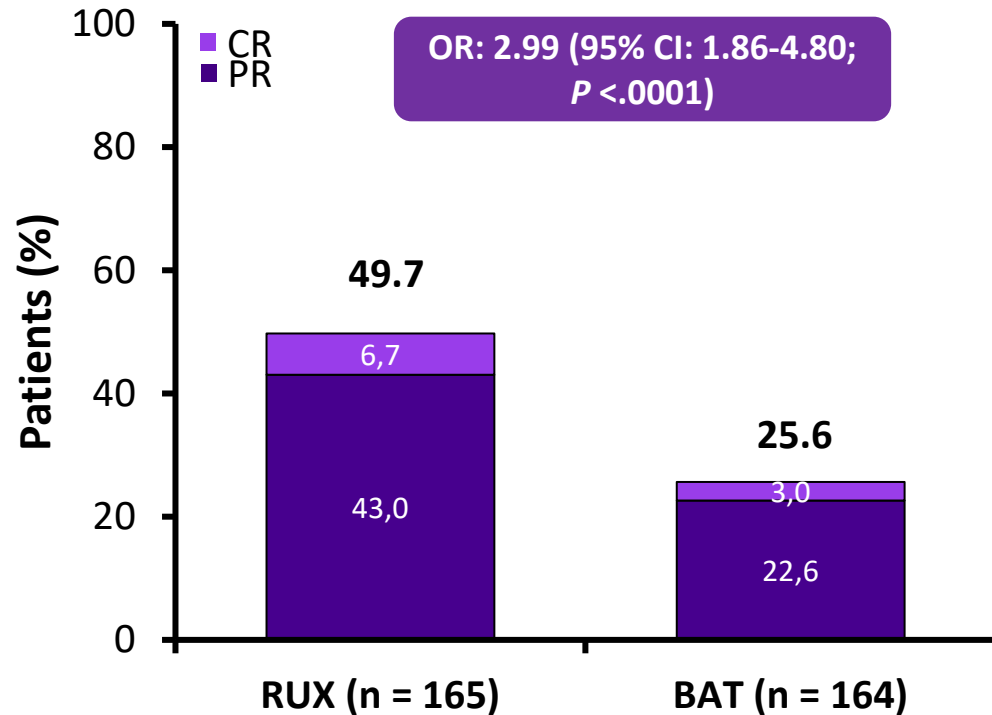


**Primary endpoint:** overall response rate (ORR; complete response + partial response) at week 24  
**Key secondary endpoints:** Failure-free survival (FFS); Modified Lee Symptom Scale (mLSS) response at week 24



Zeiser et al. N Engl J Med 385;2021. Zeiser R, Lee SJ. Blood. 2022 Mar 17;139(11):1642-1645.

# REACH3



- ORR was significantly higher with RUX
- **FDA approved ruxolitinib 10 mg BID for treatment of cGVHD after failure of 1-2 prior lines of systemic therapy in adults and pediatric patients 12 yr of age or older (9/22/21)**

Zeiser. NEJM. 2021;385:228. Ruxolitinib PI.

# Tratamiento tópico

Diferentes tratamientos tópicos utilizados en los estudios incluidos fueron: dexametasona tópica, budesonida tópica, ácido málico, clobetasol tópico, tacrolimus tópico, triamcinolona.

Table 2: Unstimulated salivary flow rate in comparison.

Topical agent	Baseline	End of study
Malic acid	0.15 ± 0.06 mL/min	0.24± 0.08
Clobetasol	0.19 (0.02-1.6) mL/min	0.30 mL/min
Dexamethasone	0.24 (0.02-0.84) mL/min	No significant difference ( $p=1.00$ )

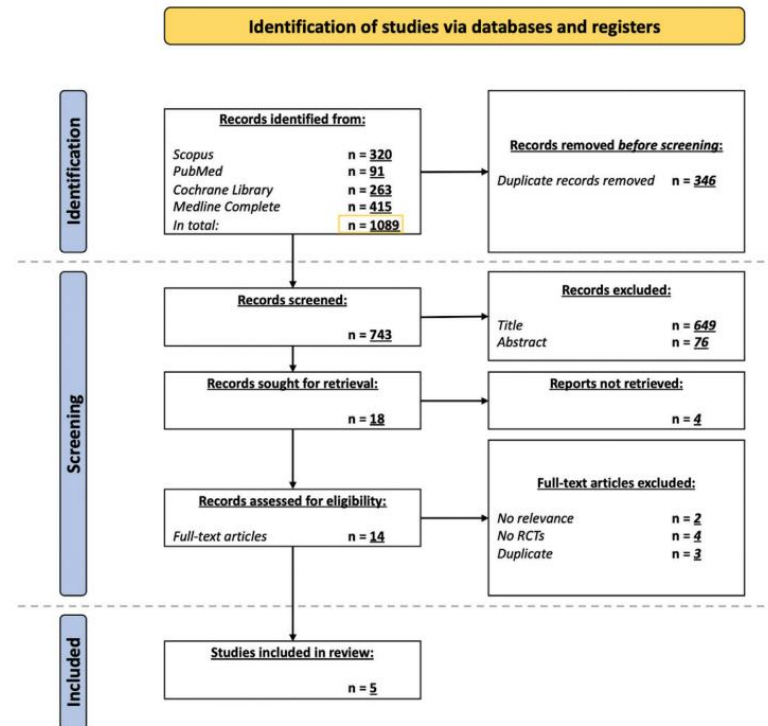


Fig. 1: Flow-chart of the search carried out in the four databases.

Topical treatment of oral chronic graft-versus-host- disease in hematopoietic stem cell transplant recipients: A systematic review Livia Haas , Marta Cruz-Pamplona. J Clin Exp Dent. 2023;15(5):e420-7.

# Tratamiento tópico. Importancia equipos multidisciplinares.

Oftalmología

Dermatología

Reumatología

Ginecología





# Calidad de vida

**Incluye la exploración del impacto psicosocial, financiero, ocupacional y sexual del trasplante.**

**Los resultados sugieren que es necesario seguir trabajando para desarrollar y probar intervenciones que puedan preparar mejor a los pacientes para el trasplante y mejorar su capacidad para afrontar los impactos significativos que el trasplante puede tener en sus vidas y las vidas de quienes los rodean.**

**Mejoría de la percepción de los pacientes.**

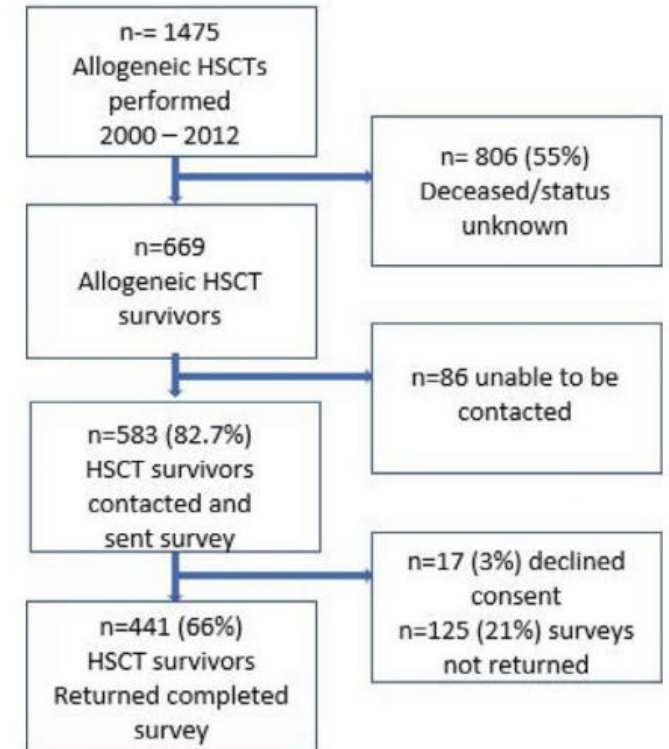


Fig. 1 Study flowchart

*Predictors of post traumatic growth in allogeneic hematopoietic stem cell transplantation survivors: a cross-sectional survey.*  
McErlean et al. *BMC Psychology* (2023) 11:235 <https://doi.org/10.1186/s40359-023-01204-4>

# Calidad de vida

**Table 5.** Variables independently associated with QOL and psychopathology (stepwise multiple regression analysis)

	FACT-BMT				BDI			
	Autologous		Allogeneic		Autologous		Allogeneic	
	beta	t(p)	beta	t(p)	beta	t(p)	beta	t(p)
Psychiatric comorbidity	0.3	4.61 (p<0.001)	-0.38	-3.79 (p<0.001)			-0.44	-5.37 (p<0.001)
Clinical Global Impression							0.23	3.38 (p=0.002)
Beck Depression Inventory	-0.56	-5.62 (p<0.001)	-0.71	-5.04 (p<0.001)				
Spielberger Anxiety Inventory			-0.42	-3.51 (p=0.01)	0.89	8.6 (p<0.001)	0.55	6.86 (p<0.001)
Spielberger Anxiety Inventory "State" scale	-0.31	-3.1 (p=0.004)						

*Impact of the type of hematopoietic stem-cell transplant on quality of life and psychopathology Henrietta JANICSÁK. Ideggyogy Sz 2023;76(1-2):025-035. <https://doi.org/10.18071/isz.76.0025>*

# Conclusiones

- **Complicación tardía más frecuente tras alotrasplante.**
- **Amplia manifestaciones clínicas.**
- **GCs +/- ICN constituyen tratamiento estándar en primera línea.**
- **Datos que apoyan el uso de Ruxulotinib en segunda línea de tratamiento.**
- **Importancia comité multidisciplinar.**
- **Calidad de vida.**
- **Mejoría en el desarrollo de nuevas terapias.**

## Gracias a pacientes y familiares



Reunirse es un comienzo,  
permanecer un progreso,  
trabajar juntos  
constituye el éxito.

# Gracias a pacientes y familiares



**Reunirse es un  
comienzo,  
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juntos  
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