

## IMPORTANT INFORMATION

### POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The most common side effects are injection site reactions, eye redness and itching, eye infection, cold sores or joint pain, an increase in a certain kind of white blood cell (eosinophils).

### ALLERGIES

Do not use DUPIXENT if your child is allergic to dupilumab or any of the other ingredients (see patient information leaflet). If you are not sure whether they may be allergic to any component of DUPIXENT, ask your child's healthcare professional for advice before using it.

DUPIXENT can cause serious side effects, including allergic reactions. If you notice any signs of an allergic reaction, stop your child's treatment with DUPIXENT immediately and seek medical help.

### OTHER SIDE EFFECTS

DUPIXENT may weaken your child's immune system to infections caused by parasites. Talk to your child's healthcare professional if your child has any signs of a parasitic infection or is travelling to a region where such infections are common.

If they develop a combination of symptoms such as a flu-like illness, pins and needles/ numbness of arms or legs, worsening of pulmonary symptoms, and/or rash, please contact your child's healthcare professional immediately.

If your child feels unwell contact their healthcare professional. This includes any possible side effects not listed in this booklet or the Patient Information leaflet. You can also report side effects directly via the national reporting systems below.

### REPORTING SIDE EFFECTS

You can help by reporting any side effects your child may get.

See [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) for how to report side effects. Adverse events should also be reported to Sanofi by calling 0800 0902314 or by sending an e-mail to: [UK-drugsafety@sanofi.com](mailto:UK-drugsafety@sanofi.com).

By reporting side effects, you can help provide more information on the safety of this medicine.

### Get answers to your questions

Scan the QR code or visit [www.dupipack.co.uk/asthma-parents-children/get-answers](http://www.dupipack.co.uk/asthma-parents-children/get-answers)



**DUPIXENT**<sup>®</sup>  
(dupilumab)

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(dupilumab)

## LET'S GET STARTED ON A PATH TO CONTROLLING SEVERE CHILDHOOD ASTHMA

Sanofi and Regeneron are collaborating in a global development programme and commercialisation for DUPIXENT.

**sanofi** | **REGENERON**<sup>®</sup>

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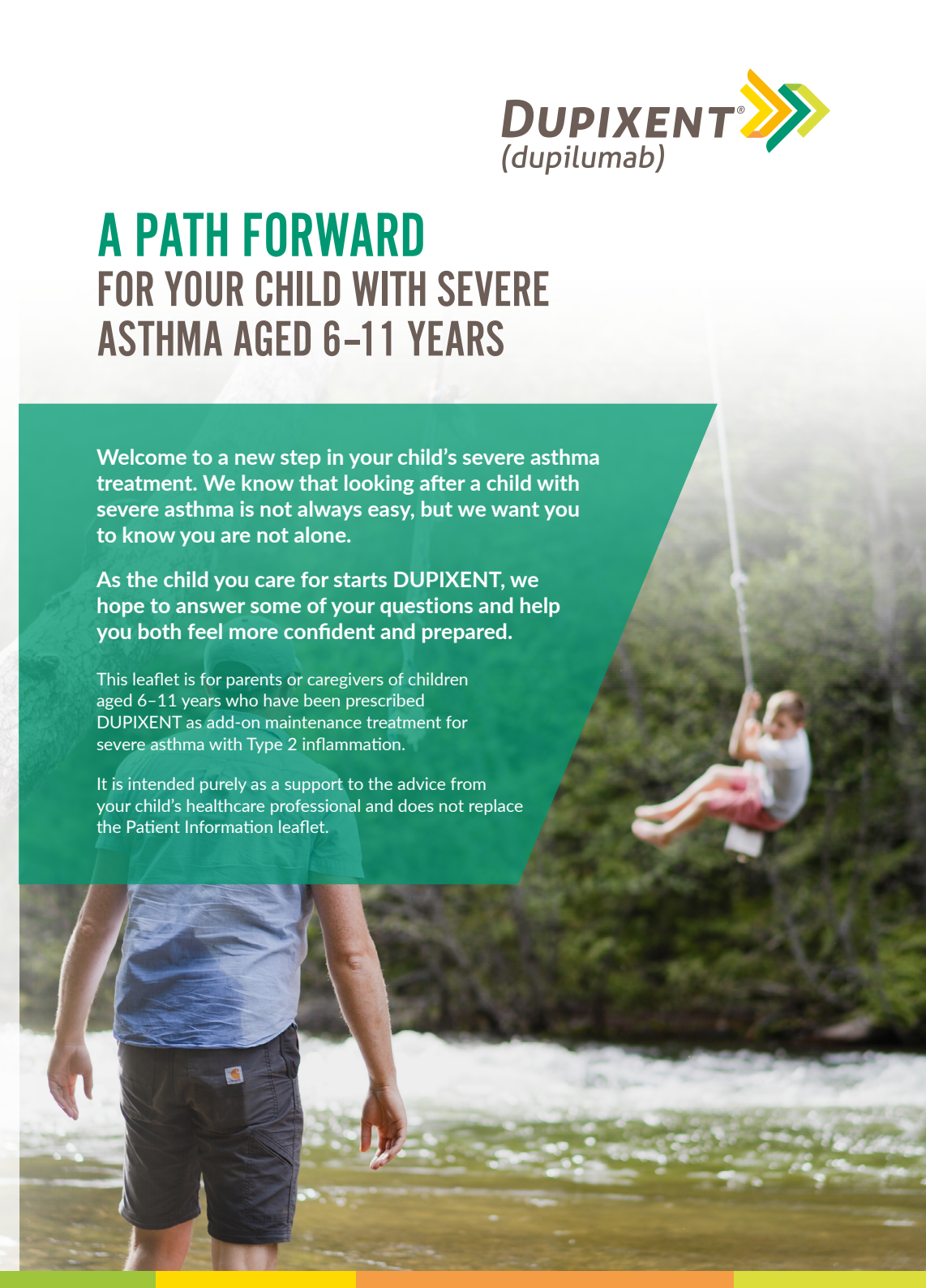
## A PATH FORWARD FOR YOUR CHILD WITH SEVERE ASTHMA AGED 6-11 YEARS

Welcome to a new step in your child's severe asthma treatment. We know that looking after a child with severe asthma is not always easy, but we want you to know you are not alone.

As the child you care for starts DUPIXENT, we hope to answer some of your questions and help you both feel more confident and prepared.

This leaflet is for parents or caregivers of children aged 6-11 years who have been prescribed DUPIXENT as add-on maintenance treatment for severe asthma with Type 2 inflammation.

It is intended purely as a support to the advice from your child's healthcare professional and does not replace the Patient Information leaflet.





## CHANGE IS NEEDED WHEN SEVERE ASTHMA REMAINS UNCONTROLLED

### DUPIXENT STEPS IN

Until now, it's likely your child's asthma has been treated with inhaled corticosteroids (ICSs) and daily pills. This is to keep the inflammation in their lungs under control and help them breathe more easily. But sometimes these treatments are not enough, which is why your child's doctor has given them DUPIXENT.

### DUPIXENT IS DIFFERENT

DUPIXENT targets a very specific part of your child's immune system, unlike other treatments they may have used that suppress it as a whole. DUPIXENT is also given by injection instead of being inhaled or swallowed. Don't worry, you will be shown how to inject by a healthcare professional and, when they feel you have got the hang of it, you may be able to continue your child's treatment at home.

### WHAT SHOULD I KNOW BEFORE STARTING?

DUPIXENT is a long-term treatment used to control your child's symptoms, so they should continue taking it even if they don't feel any immediate benefits. This is because, as with many long-term treatments, it can take some time to help them feel better.

#### DUPIXENT support hub

Scan the QR code with your mobile phone to access our support hub or visit [www.dupipack.co.uk/asthma-parents-children](http://www.dupipack.co.uk/asthma-parents-children)



## DUPIXENT WALKS WITH YOU



### TARGETS

Two proteins (IL-4 and IL-13) that play a major role in inflammation causing the signs and symptoms of Type 2 asthma



### IMPROVES

Lung function (how well we breath) and reduces the risk of severe asthma attacks by blocking the action of the two proteins mentioned above, that trigger inflammation



### REDUCES

Or eliminates the need for oral corticosteroids (OCS), reducing the chance of OCS-related side effects



### CONVENIENCE

One injection every 2 or 4 weeks as prescribed by your child's healthcare professional (for more details, please refer to the Patient Information leaflet provided with your child's medication). This injection can be administered at home by you following training by an appropriate healthcare professional, in addition to your child's prescribed inhaled asthma medications

For more details, please refer to the Patient Information Leaflet provided with your child's medication.

## GETTING STARTED

### HOW TO INJECT

We understand that this may be the first time you've had to administer an injectable medication, and you're not alone. You will be trained by a healthcare professional on how to give your child their injection. When the doctor or nurse is confident that you can do the injection yourself, they may discuss the option of being able to continue treatment at home. The injection itself will be just below the skin surface, using a pre-filled syringe.

Please refer to the Patient Information Leaflet in the pack for full safety information and instructions for injection.

#### Injection technique video and mindfulness

Scan the QR code or visit [www.dupipack.co.uk/asthma-parents-children](http://www.dupipack.co.uk/asthma-parents-children), to watch the injection technique video and mission: mindfulness, a video intended as a calming, mindfulness exercise to help your child relax while you give them their medicine.

