



# A Tale of Two Itches: Bridging the Gap With Type 2 Inflammation in Prurigo Nodularis and Chronic Spontaneous Urticaria

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## ADVENT at AAD 2024

March 10, 2024 / 7:00–8:30 PM PT / San Diego, CA, USA

## PURPOSE

In this symposium, internationally renowned itch experts will explore how two very distinct diseases with seemingly unrelated clinical features can share an underlying pathomechanism manifesting in chronic signs and symptoms. In the context of prurigo nodularis (PN) and chronic spontaneous urticaria (CSU), the presenters will showcase the latest research on itch pathophysiology and the neuro-immune mechanisms that drive their unique disease characteristics. The expert panel will explore new pathways and how type 2 inflammatory cytokines interact with the nerves and surrounding tissue milieu, perpetuating the chronic itch and lesion formation characteristic of both PN and CSU and mechanistically linking these two distinct skin diseases.

## LEARNING OBJECTIVES

- Understand the shared underlying pathomechanism manifesting in chronic signs and symptoms of two very distinct diseases
- Recall the latest research on itch pathophysiology and the neuro-immune mechanisms that drive the unique disease characteristics of PN and CSU

## AGENDA

**Welcome and Program Overview**  
Sarina B. Elmariah (Chair)

**Itch and Inflammation in Two Clinically Distinct Diseases: PN and CSU**  
Martin Metz

**Faculty Insights: Itch in the Clinic**  
All Faculty

**Connecting the Dots: Novel Insights on Type 2 Cytokines Mediating Neuroimmune Dysregulation in PN and CSU**  
Brian S. Kim

**Faculty Insights: Emerging Hot Topics**  
All Faculty

**Summary & Concluding Remarks**  
Sarina B. Elmariah

**Live Q&A**  
All Faculty



Explore ADVENT! Award-winning medical education developed with clinical experts to advance the understanding of type 2 inflammation

Disclaimers:  
Speakers will receive compensation for their participation in this event. This is a disease state awareness symposium. Speakers will not discuss specific treatments.