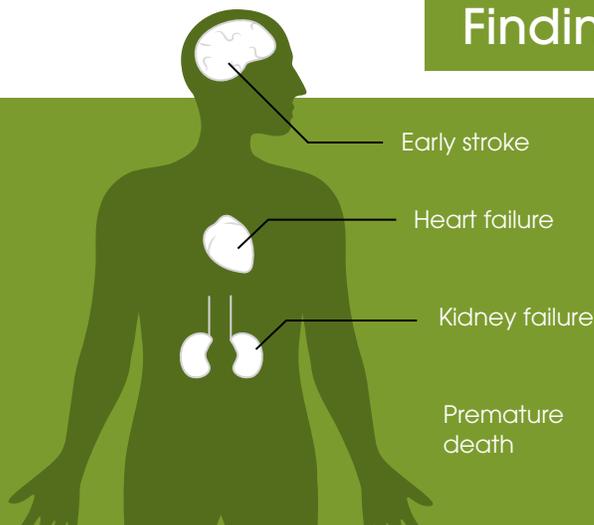


# The Life-changing Role of the Eye Care Professional

Finding early ocular signs of Fabry disease

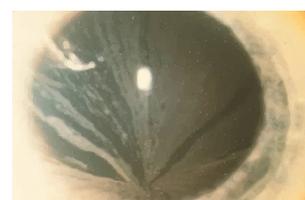


## Fabry disease is a progressive and often life-threatening disorder<sup>1,2</sup>

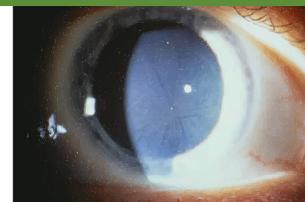
- It is multisystemic and impacts essential organs such as the kidney, heart, and brain<sup>1,2</sup>
- It affects men, women, and children<sup>1,2</sup>
- Undiagnosed and unmanaged, Fabry disease can reduce life expectancy by **15 - 20 years**<sup>3,4</sup>

## Corneal whorling (verticillata) is one of the earliest and most common signs of Fabry disease<sup>1,5,6</sup>

- Bilateral, whorl-like pattern of powdery, white, yellow, or cream-colored corneal epithelial deposits emanating from a single vortex<sup>6,7</sup>
- Be sure to rule out medications that can cause corneal whorling with long-term use, including amiodarone and chloroquine<sup>1,6</sup>

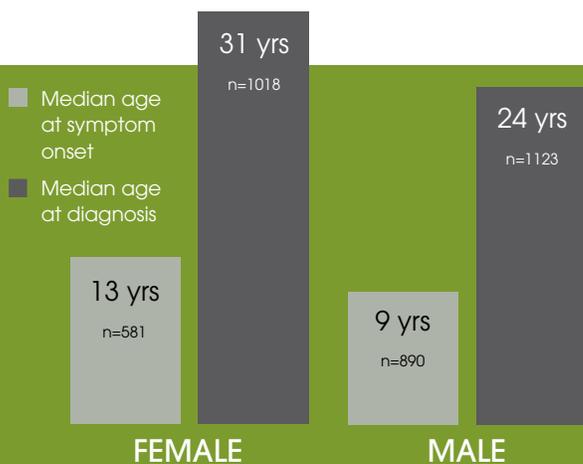


Seen in ~80% of patients with Fabry disease<sup>5</sup>



## Identification of early ocular signs can help lead to timely diagnosis and management<sup>6</sup>

- Corneal whorling can be detected with a routine slit lamp exam<sup>6</sup>
- Diagnosis of Fabry disease is confirmed by a simple enzyme assay for males and genetic testing for females<sup>5</sup>
- Fabry disease affects families: For every index patient diagnosed, an average of **5 additional family members may be identified**<sup>9</sup>



**15-year diagnostic delay from symptom onset<sup>8</sup>**

Wilcox WR, et al; Fabry Registry. *Mol Genet Metab.* 2008;93:112-128

For more information: <https://www.discoverfabry.com/hcp#fabry-disease-in-your-practice>



Eye care professionals can play a critical role in the timely diagnosis of Fabry disease



Detect. Suspect. Refer.

If a patient presents with corneal whorling, suspect Fabry disease and promptly refer to a geneticist for testing

**References.** 1. Germain GP. *Orphanet Journal of Rare Diseases.* 2010;5:30. 2. Krasnewich DM and Sidransky E. Chapter 208: Lysosomal Storage Diseases. In: Goldman L, Schafer AL, eds. *Goldman-Cecil Medicine*, 25th ed. Philadelphia, PA: Elsevier Saunders; 2016: 1399-1403. 3. MacDermot KD, Holmes A, Miners AH. *J Med Genet.* 2001;38(11):750-760. 4. MacDermot KD, Holmes A, Miners AH. *J Med Genet.* 2001;38(11):769-775. 5. Mehta A, Hughes DA. *Fabry Disease.* 2002 Aug 5 [Updated 2017 Jan 5]. In: Adam MP, Ardinger HH, Pagon RA, et al., editors. *GeneReviews*® [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2018. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK1292/>. Accessed January 6, 2018. 6. Morier AM, et al. *Optometry.* 2010;81(9):437-449. 7. Ikegawa Y, et al. *J Ophthalmology.* 2018; doi: 10.1155/2018/5315137. 8. Wilcox WR, et al; Fabry Registry. *Mol Genet Metab.* 2008;93:112-128. 9. Laney D, Fernhoff PM. *J Genet Couns.* 2008;17:79-83.

# The Life-changing Role of the Eye Care Professional

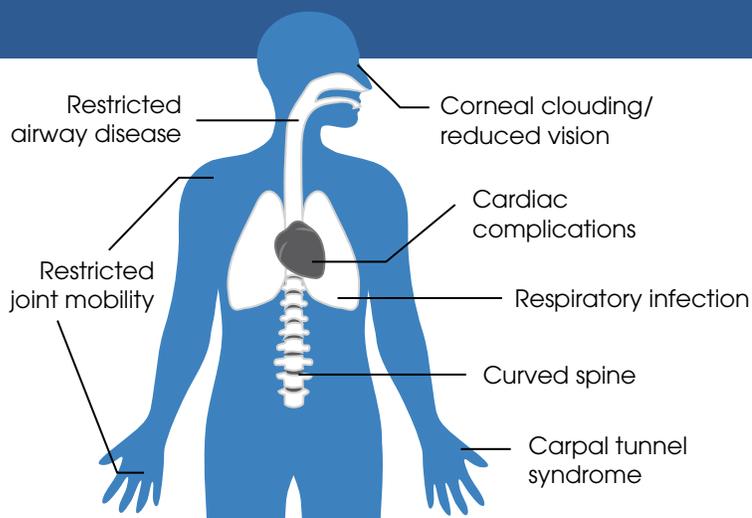
Finding early ocular signs of MPS I

## Corneal clouding is among one of the most identifiable early signs of MPS I<sup>1-3</sup>

- Corneal clouding can lead to significant visual disability and blindness, and can begin as early as the first year of life<sup>2,4</sup>
- “Ground-glass” appearance is typically more pronounced in the cornea periphery<sup>4</sup>



Seen in ~70% of all patients with MPS I<sup>3</sup>



## MPS I is a progressive and often life-threatening disease<sup>3,5-7</sup>

- Progressive organ damage and failure<sup>3,5,6</sup>
- Severe and debilitating morbidities<sup>3,6,7</sup>
- Reduced life expectancy<sup>3,6</sup>

## Identification of early ocular signs can help lead to timely diagnosis<sup>1</sup>

- Attenuated MPS I can often go misdiagnosed for 5+ years<sup>6</sup>
- **Corneal clouding is an important identifier of MPS I since virtually all patients develop this abnormality** (as early as 1 year of age in Hurler patients and by 4 to 10 years in attenuated patients)<sup>3,8</sup>



MPS I Spectrum<sup>6,7</sup>

For more information: <https://www.mps1disease.com/healthcare/about-mps1/symptoms-and-management/ocular-system>



Eye care professionals can play a critical role in the timely diagnosis of MPS I



Detect. Suspect. Refer.

If a patient presents with corneal clouding, suspect MPS I and promptly refer to a geneticist for testing

**References.** 1. Fahnehjelm K, et al. *Acta Ophthalmol.* 2012;90:595-602. 2. Clarke LA. *Mucopolysaccharidosis Type I.* In: Adam MP, Ardinger HH, Pagon RA, et al., eds. *GeneReviews®* (Internet). Seattle, WA: University of Washington, Seattle; 1993-2018. <https://www.ncbi.nlm.nih.gov/books/NBK1162/?report=printable>. Accessed February 1, 2018. 3. Beck M, Arn P, Giugliani R, et al. *Genet Med.* 2014;16(10):759-765. 4. Summers CG, et al. *Rheumatology.* 2011;50:v34-v40. 5. Coutinho MF, et al. *Biochem Res Int.* 2012; 2012:471325. 6. Bruni S, Lavery C, Broomfield A. *Molec Genet Metab Reports.* 2016;8:67-73. 7. Muenzer J. *Rheumatology.* 2011;50:v4-v12. 8. Ashworth J, et al. *Eye.* 2006; 20:553-563.